



Teachers told : 'Focus on the child, not merely academics'

GMA 7 donates media library, conducts journalism workshops

Docufest to promote cultural connection of young Filipinos to homeland

By Erin Mitchel J. Abadilla

The i-Witness hosts had donated 30 DVDs of film documentaries to TPS, and they effected video workshops on October 8, 2015. Both actions aim to keep the students as Filipinos, as they become global citizens.

Howie Severino, the Vice President of GMA News and Public Affairs Professional Development, related that the i-Witness and The Philippine School are united in one mission to keep young Filipinos connected to the homeland. He further thanked the parents, faculty, administrators, and also for the students who continue their interests in the Filipino culture and in the country. "I hope that the students appreciate what your school and your parents are doing for you," the news anchor said.

Mr. Richard Zulueta, the Assistant Principal of TPS, said that he accepts the relationship with the i-Witness team with deep gratitude.

After the welcome program and the ceremonial turn-over of the media library to TPS, video workshops for the students were ensued by the multi-awarded broadcast journalists.



Ceremonial Turnover
L-R Jay Taruc, Sandra Aguinaldo, Kara David, Jocelyn Sollano (TPS Principal), Leticia Maniaul (TPS Managing Directress), Dina De Torres (TPS Finance Head) and Howie Severino. Photo by Jeremiah Adrian D. Cerdon



Mr. Richard Zulueta, TPS Assistant Principal for Students' Affairs, says that he receives the relationship from KAPUSO with deep gratitude.

Full story on page 2



Kara David with the Grade 10 students



Aviation Museum, Oakland, California— The Summa Cum Laude distinction of Darwish (front row, extreme right) is identified with a white sash. Photos from Darwish' Facebook page

TPS alumnus: Summa Cum Laude in US Aviation Class

Achiever says 'uphold moral values'

by Francis Allen H. Foronda

For Darwish Jeric Quiambao, a graduate of a vocational program at the Aviation Institute of Maintenance in the US, one must uphold the important moral values that teachers and parents had taught. Quiambao had graduated from The Philippine School in 2013, and fled to California for a fast-tracked and a more career-focused course.

With a grade point average (GPA) of 3.89 out of 4 points, he earned a prestigious Summa Cum Laude title in his class on June 12, 2015.

"I had to put up with cultural shock for the first few months of stay in the United States," Darwish said. "That changed when I felt comfortable with my classmates who were quite jocular."

"At first, I thought I should've stayed with my family back in Dubai, but I wanted to take on the challenge," he added. *Continue to page 4 ...*



Darwish Jeric Quiambao

TPS opens third school in Abu Dhabi

Maniaul at helm

by Jahnea Denise B. Bermejo



The Philippine Global School is situated at the 21st street, Al Muroor, Abu Dhabi. Photo by Richard R. Zulueta

The Philippine TPS Abu Dhabi Global School is the third Schools—TPGS, TPSBani-Philippine School in the yas, and TPS Dubai share United Arab Emirates, which the same educational philosis being managed by Ms. ophies. All three schools are Leticia Maniaul. The new under the K to 12 curriculum institution started its operation by the Department of Education on September 2, 2015. tion in the Philippines.

TPGS was established a year after the foundation of the second The Philippine School in Baniyas, Abu Dhabi.

INSIDE

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NEWS

Teachers told : SOCIALIZATION 'Focus on the child, not merely academics'

by Erin Mitchel J. Abadilla

'Do not underestimate your roles as teachers. Teachers help children define who they are.'

Dr. Marylendra A. Penetrante, one of the 50 outstanding psychologists in the Philippines, expressed these contentions before the educators of TPS schools in Dubai and Abu Dhabi.

The two day workshop concentrated on Fundamental Inclusion Education and it was held at the Multi-Purpose Hall of TPS Dubai on August 19-20, 2015.

"It's not really the subjects that matter; it is about teaching the child. In most cases, children are overloaded with information but do not know life," Doc Neth simplified.

"Also, do not expect the children to behave like adults. When they become adults, they want to become children again. We are limiting their moves when forcing them as adults," she added.

DIFFERENTIATED ACTIVITIES

Teaching differentiated activities in the classroom was also a major concern in her lecture. She supplemented that the present generation of children are kinesthetic learners, and that movement is the friend of the brain. "By using activities, you can exactly get what you want from the students," she advised.

Penetrante celebrated the proclamation of K-12 because the teaching approaches were student-centered.

Dr. Marylendra A. Penetrante is the recipient of the 1st **ESTEFANA ALDABA LIM NATIONAL AWARD**, given by the Psychological Association of the Philippines.

In relation to this, the speaker instructed the teachers to teach children not to dwell on fantasies. She mentioned, "Allow a child to socialize and expose them to as many people as you can."

The life coach recommended to intensify Good Manners and Right Conducts (GMRC). "If you ignore the students; you destroy them. We are now teaching diverse students. Teach them how to socialize and focus on character and survival in the world," she said. Teachers were advised to understand and relate with the educational and personal changes of learners.

Penetrante believes in Flip Flippens' concept that 'if you have a child's heart, you have his head.'

... From front page

Howie discusses the 'Roles of Social Media and Citizen Journalism'

By Erin Mitchel J. Abadilla

"We go to places where most people don't go. We find stories that most people wouldn't imagine existed, and share these stories to the public and get the public to think and reflect about their own situations."

Howie Severino, after expressing this, dubbed TPSians as 'empowered' group, because children and teenagers in TPS are able to experience the advantages that life can offer, unlike most of the children featured in his documentaries.

He also commented that TPSians are lucky to have the life that most children in the Philippines don't have. He directed to TPS students to know how to use their advantages wisely.

"Are you going to be part of the typical *selfie* generation? Or are you going to turn your camera to the world? To strangers? To interesting things?" interrogated by Mr. Howie.



"Teachers, who are not happy, infect students."
Dr. Marylendra A. Penetrante, a happiness advocate, promotes the importance of teachers' happiness for the benefit of the children.

"You know, I'm surprised at how many people's Facebook accounts just have themselves in the photos, or their shoes, or what they eat, or maybe their dog, and their clothes. You know the trending hashtag OOTD?" he indirectly solicited.

He said that he had nothing against people taking selfies; however, every human being should see beyond himself. He also quoted that people should also think of others in the community because they are part of it, and they just can't think only of themselves.

"Someday in your life, you have to choose your career. Are you going to choose something that will only serve your own interest or are you going to choose something that will serve the public?" he cited.

Mr. Severino asserted that any career can turn into service as long as the person having that career has the right qualities, most especially - empathy and gratitude.

Kara David on Compassionate Reporting

By Martin G. Marquez,
Gabriel Ian B. Maddara,
Marielle Lois P. Garcia

Kara David urged 'Compassionate Reporting'.

"Malasakit is para kang nasasaktan or capability to feel the pain of others. Spread the virus of malasakit," Kara introduced.

She even said that journalists give a new pair of eyes to see the world. Comparatively, journalists can use the power of media in bridging a gap; metaphorically stated as *tulay ng mga di naaabot*;



Hosts : First time altogether for Docufest Overseas

mikropono ng mga walang tinig; salamin ng mga di napapansin.

Grade 10 student Glenn Refareal asked, "Why do you prefer to feature those stories?" "Lahat ng tao gumagawa ng tourism stories, walang gumagawa ng minority stories," Kara responded. The host added that they also deserve our attention. "Konti lang ang reporters na marunong umakyat ng bundok. I might as well use my gift to reach out to others," she elaborated.

The Associate Editor of TPS Insights Martin Marquez requested, "Would you have any tips for the future aspiring journalists?" David addressed, "First is mag-aral kayo,

huwag tumigil sa pag-aaral. Second, mahal in ang bansa. Third is an open mind and open heart. Fourth, you are not the story, you are just the story teller."

Grade 10 student Joshelle Aguineldo popped the question, "Is there any documentary that opened your eyes?" The reporter responded, "We went to a medical mission in Mindanao and we were left by the Americans, who took part in the medical mission. I was so afraid because at any moment terrorists might appear and we were in the ambush site. I then realized that the whole community didn't sleep just to guard us while we were sleeping in the *bahay kubo*."



News-to-go host Howie Severino discusses the "Roles of Social Media and Citizen Journalism" to TPS students.



Filipino Language teacher Jessie De Guzman (2nd from left) conjoins a 'Kapuso' half-heart sign with Kara David (3rd from left.) In the picture, Ms. Madonna Timbang (extreme left) and Ms. Marites Rodriguez (extreme right)

NEWS ||||



Jay Taruc shows Paranormal Documentaries

By Jahnea Denise B. Bermejo and Andrea Mae M. Teaño

Jay Taruc informed that most of the documentaries that they do, contain paranormal activities which happen in historical places such as the 'Laperal house' in Baguio City, Philippines.

It is associated with a regular objective that they do these kinds of documentaries to inform the citizens of the country about the reoccurring activities in a historical place.

A video entitled 'No. 14 Laperal' was shown. Jay Taruc mentioned that he and his team specialized in debunking ghost stories. After the video, more students were left spooked.

Jay Taruc claimed to have done stories that deal with the paranormal. They gather information on the different aspects of the stories such as those connected with the Philippine history, and their significance to the Philippine culture.

Jay Taruc's stand on accusations of faking stories

Come clean!

Taruc explained further that when you're in this line of purposeful medium, you would experience being accused of faking stories and scripting the documentaries. He said, "We are not in the business of faking our stories."



"We are very careful in the truth of the documentary."

- Jay Taruc



Jay Taruc, a Silver Medal Awardee at the New York Film Festival, (LAPNOS) talks about 'Immersive Journalism.'



Students with Jay Taruc posing the 'Pabebe' wave

Sandra Aguinaldo trains students on the Basics of Documentary Writing

By Lian Marianne P. Garcia, Simond Lars G. Lenon, and Frances M. Mercado

Sandra Aguinaldo initially presented one of her documentaries that was aired in the national television last April 18, 2015. This was entitled, "Kubling Yaman ng Cama Juan: Ang Pagtatapos."

This was a sequel to the 2011 documentary of the same name. The first film presented revolved around students of 'Barangay Cama Juan', and their struggle to stay in school due to financial problems. The sequel showcased the events that had happened and their life changes after four years since the first documentary.

Soon after the video had been presented, Sandra proceeded to substantiate lessons about "Documentary Writing" to the students of Grade 9.

The symposium commenced with Ms. Aguinaldo pinpointing the crucial factors where she, herself, and the whole crew consider when they brainstorm for new potential documentaries.

With all the various circumstances to evaluate, "It's quite a challenge," she remarked.

According to her, to produce an effective story for a documentary, it should be a story worth-telling and it must be rich in videos; as it will be shown on T.V. She added, to find stories worth telling, she encouraged the students to be aware of

Photos by
Jeremiah Adrian D. Cerdon
Xandrine A. Namocatcat
Raihana P. Mamayog
Alexis Pearl S. Manalastas



Sandra Aguinaldo, the Senior News Producer of i-Witness, lectures on the 'Basics of Documentary Writing.'

what is happening around ; to be curious and to ask questions; to stay updated in current events ; to nurture love for reading; to get all sides of the story ; and lastly to always consider your video. She advised to find ways to show something to the viewers such as sketches and re-enactments, if there is no footage available.

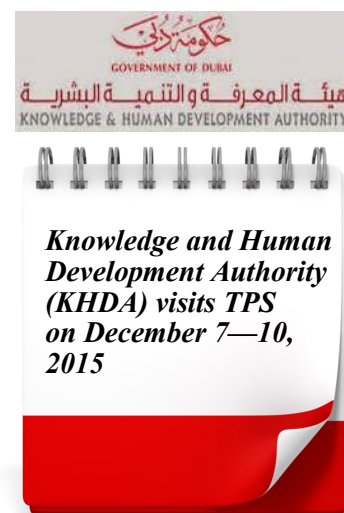
"What traits should a great writer or documentarist possess?" asked by Jeric Tribiana. Sandra responded in vernacular, "Siguro sabihin na natin na magaling kang listener and storyteller at the same time. I always say, magaling na listener kasi kinukwento lang naman namin ang kwento ng ibang tao, diba? So, kailangan pakinggan naming mabuti yung kwento ng buhay nila. Mahalaga yung empathy. Yung nararamdaman mo rin yung nararamdaman nila."

Kailangan magspend din kami ng oras with them. One time oh, yung labandera, ang dami talaga niyang nilalabhan, kaya naglaba din ako. Huwag yung kunwari naglaba ka lang sa una tapos pag wala na yung camera, di ka na maglalaba. Para sa 'kin, out of self-respect yun. Ayoko naman yung 'just doing it for the camera.'"

"Kailangan magaling kang listener pero magaling ka ring storyteller. If you want to be a good documentarist, i-practice niyo yung writing skills niyo; kasi, kung minsan, kahit ang ganda-ganda ng subject niyo, at ang ganda-ganda nung mga sinasabi nung mga ininterview niyo; but, you were not able to present it in a clear way; na yung pagkaweave nung story ay hindi maganda yung flow; then, magfafail lang diba? Hindi rin siya magcome-out as effectively as you want."

"Maraming salamat po sa Philippine School Dubai! Congratulations to the i-Witness Team para sa isang very successful na Docu-fest sa Dubai. Masaya po kami na may pagkakataon to share our knowledge with others lalo na sa mga kabataan."

- GMA Pinoy TV



Knowledge and Human Development Authority (KHDA) visits TPS on December 7-10, 2015



I - Witness Director Lea Llamoso and Jay Taruc talk over some responses for the students.



Given carpet TPSians usher in Kara David and Howie Severino in the venue.



Smiles, waves welcome popular guests.



NEWS

New SSG President: confident to accomplish goals

By Andrea Mae M. Teano

Supreme Student Government president Francis Foronda stated that the new members of the S.S.G. are all hard-working and deserving. He is confident that with their different abilities and skills, they can accomplish their goals.

One of the things he hopes to change is the perception that the SSG is superficially there. He said, "Gusto ko na makita nila na maraming magagawa ang mga kapwa rin nila estudyante."

Foronda also wanted to possibly open up a wider range of opportunities for the school and its students. He also hopes for the S.S.G. to be able to improve the state the school is in.

When asked if they would be able to accomplish all the platforms they had stated, he replied, "I hope so."

The priorities of the leader now are to create long term changes. He wanted to introduce, for example, a student exchange program or the creation of social media accounts.

Francis elaborated that the school still has more improvements to undergo, and he wants to be able to implement a few during this year.

His last statement was that he wanted to prove by example. "I want to prove through our actions, through our words, to lead truthfully, honestly, and respectfully," he committed.

TPS alumnus: Summa Cum Laude in US... from front page

"My parents made sure to check on me every now and then to see how I was doing. They worked hard to ensure that I had all that I needed to complete my studies," he said.

He expressed, "What makes us different are the critical decisions we make for ourselves now, and of who we thought and choose to be."

Darwish had visited his alma mater, The Philippine School– Dubai, in August 2015, and expressed gratitude to his former teachers.

The SSG Officers for School Year 2015-2016

President :
Francis Allen H. Foronda

Vice-president :
Samantha Nicole C. Delgado

Secretary :
Princess Joshelle P. Aguinaldo

Treasurer:
Bea Elyzza M. Castillo

Auditor :
Anne Wellien M. Jalauig Frewen

Governor :
Asheneth M. Macatangay

Vice Governor :
Clarence Red C. Cruz

Grade 10 Senator:
Jonel E. Almario

Grade 10 Senator :
Ian Jacob L. Cabansag

Grade 9 Senator :
Patricia Aubrey L. Mariano

Grade 9 Senator :
Yzabel Bency B. Salibio

Grade 8 Senator :
Johann Ashley S. Noveno

Grade 8 Senator :
Eunice Rainielle C. Mendoza

Grade 7 Senator :
Conn Sigfrid M. Himan

Grade 7 Senator :
Kyla Alexandra C. Macatlang

Grade 6 Senator :
Karr Frederick G. Roces

Grade 6 Senator :
Natalie Loren B. Javillonar

Grade 5 Senator :
Jannah Marc D. Morales

Grade 4 Senator :
Mary Clarisse M. Pino

Grade 4 Senator :
Antonio B. Buenafe III

Grade 4 Senator :
Danielle Loise A. Ronquillo

TPS sounds i-Ready

By Andrea Mae M. Teano

This school year, TPS educational staff introduces to the students new diagnostic instructions in Reading and in Mathematics, which aim to demonstrate differentiated activities and to establish a 21st Century classroom.

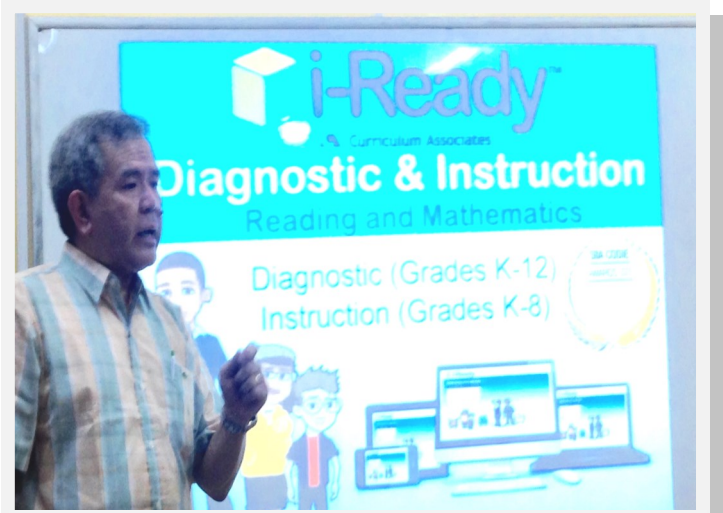
According to Abraham Victor G. Galang, the Sales Director and Training Manager of F&J De Jesus Inc., i-Ready can function as thirty individual teachers in the classroom to address differentiated activities. These instructions are skill - conscious and not grade conscious.

"i-Ready is positioning the child as if studying in the United States; however, it is aligned with the Department of Education's K-12," Galang clarified.

The schema of i-Ready is adaptive diagnostic, intervention, and progress of the students. It summarizes what the child can do and what will be done after the tests.

Grade 8 student Juan Paul Tablada says, "It was fun, because in the middle of the questions, there was a fun game to keep us relaxed."

TPS had started implementing the program at the beginning of the school year.



Training Manager Abraham Victor G. Galang trains TPS teachers on how to conduct the online student assessment.



Reading teacher ,Ms. Arlene Sandoval facilitates i-Ready in her Grade 6 class.



Grade 8E English class



Mathematics 7A of Mr. Noel Lavadia



Ms. Beth Rondilla , the Mathematics Department Head, supervises Grade 4 class. Photo credits to Beth Rondilla



Oath taking of the new SSG officers on October 19, 2015



Mr. Allan T. Cariaga
SSG Adviser,
Activity Coordinator

NEWS ||||



Tag 91.1 Back-to-School Entourage Visit

By Ace B. Bernabe

Radio Network Tag 91.1 prized two students for their back-to-school entourage visit to TPS on September 27, 2015 and October 1, 2015 consecutively.

Maisie Estero (KG1) and Janelle Fernandez (4B) enjoyed a Hummer limousine ride with their parents and the TAG 91.1 radio DJs. The initiative was organized with the aim of boosting the morale of Filipino students here in the UAE.

According to Tag 91.1 Brand Manager Dominique "Nikki" Fama-dor, in an email sent to TPS Assistant Principal Richard Zulueta, the campaign was especially dedicated to kids who will be attending school in the UAE for the first time.

It will also encourage them in making new friends by ensuring that their first week will be a memorable one.



www.facebook.com/tag911ae | www.tag911.ae



www.facebook.com/tag911ae | www.tag911.ae



Daddy JP, Ate Louie, Ate Chikay, and Janelle ride a limo.

Photos from Tag 91.1 website and Facebook page

Parent, student donors boot TPS fund drive

By Gabriel Ian B. Maddara

A charity initiative dubbed as the CHARITREE PROJECT was launched by the TPS Management on October 29, 2015 to raise funds for the victims of the typhoon Lando in the Philippines.

The collected amount from donors, significantly from parents and students, is 15, 586 AED as of the end of November.

This project was associated with the installation of a Christmas tree inside the campus, and those who were willing to help can adorn, enrich, beautify the tree through the varied decorations. These had equivalent Dirham amounts. Majority of the donors were from the parents of TPS' students.

TPS Assistant Principal Richard Zulueta regularly extended gratitude to the parents and students through school correspondence, flag ceremony announcements, and through his Facebook posts.

A representative from TPS will be assessing a target area in the Philippines, which was drastically hit by the catastrophe. "We are communicating with the mayor of the Municipality of Gabaldon in Nueva Ecija to give us an idea on how and who will we help," Zulueta clarified.

"We received reports that some schools there are structurally devastated, so we also consider a specific school," he added.



The orientation of the administrative policies with the three Philippine Schools in the UAE



L-R Mr. Jonathan H. Esguerra, Principal of The Philippine School Abu Dhabi; Ms. Jocelyn M. Sollano, Principal of The Philippine School -Dubai, and Ms. Lizabeth M. Comia, Principal of The Philippine Global School - Abu Dhabi



Photos from Richard Zulueta's Facebook page



Photos by + Simeon Sostenes



NEWS

Assistant Principal , Social studies head give thoughts on Heneral Luna movie

By Eryn V. Mateo



Photo credits to Richard Zulueta

The Social Studies department was invited by the Philippine Consul General Ferdinand Flores for the advanced screening of the movie 'Heneral Luna.' TPS representatives, identified as a school sector, shared reflections and insights relatively.

In a general comment, Mr. Richard Zulueta, the Assistant Principal of TPS, expressed gratitude to the Philippine Consulate Officials and to the Cultural Officer Ms. Che Che Caparas from his Facebook page .

He added, "I highly recommend the movie to our 'kababayans' in the UAE to watch this heroic movie. It's a way of looking back at the past and see the reality that could still be happening in the present time."



L-R Mr. Benjhiemin Recto, Ms. Arnie Lazaro, Consul General Paul Raymund Cortes, Mr. Judy Marayan and Mr. Richard Zulueta at the Philippine Consulate of Dubai

However, Mr. Judy Marayan, the Social Studies Department Head of TPS , expressed restrictions in terms of the audience.

He felt that the movie is not intended for school boys and girls due to some morbid violence in the scenes.

Mr. Judy Marayan (right photo) , the Social Studies Head, recommends to prepare the mind-set of students before watching the film.



Illustration by Bethoven Filomeno

Photo by Noel Lavadia



Ang pagsindi ng kandila bilang tanglaw ng pagtatalaga ng mga batang iskawts na pinangugunahan ni Iskawt Master Noly Duquen.



Ang pagpasok ng mga bandila bilang hudyat ng pagsisimula ng pagtatalaga.



Mhark Philip D. Aficial



Ang mga munting iskawts ng KG1



Ang pagsaludo ng mga batang iskawts bilang pagtanggap sa kanilang pagtatalaga.



Ipinamalas ng mga mag-aaral ang kanilang pakikiisa sa gawain.



Si Gng. Maria Teresa Del Rosario - Martal at Daniella Nicole Martal ng KG1.



Ang mga munting iskawts kasama ang mga magulang at pamilya



ICT head establishes Robotics club

By Andrea Mae M. Teano

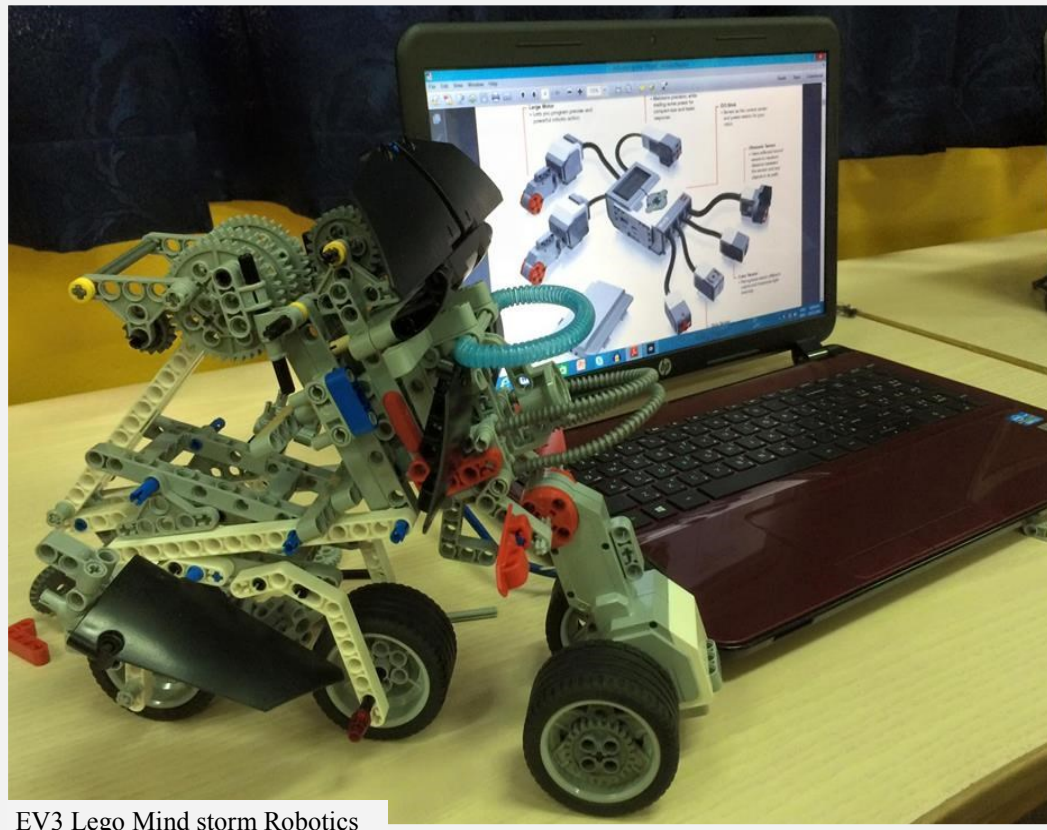
As a judge of the World's Robotic Olympiad 2010 in Manila, Mr. Felipe De Leon established "RobotiXs Circle" in TPS.

"It's time to introduce the use of manipulatives in learning environments," he said. His reason for opening the club is to develop young students in the field of Artificial Intelligence, Mathematics, Physics, and Architecture. TPS had recently acquired robotics kit from 'Lego Mindstorm,' the manufacturers of play materials.

As a moderator, he hopes that the organization can win the "World's Robotic Olympiad that is being held annually in different host countries.

When asked about how the club members will fare in this venture, he replied that the organization has two Grade 8 students who are certified with robotics programming.

The group has also five students who are good in constructing robots. "Those students will be trained this year to compete next year," he concluded.



EV3 Lego Mind storm Robotics



Robotics members Jeshelle G. Fresno and Mary Claire J. Figueroa



Lego Body Parts



Mr. Felipe De Leon, Robotics' Club Moderator



High school members build Robots.

DJ Jocks club highlights online—radio broadcasting

By Simond Lars G. Lenon

"The internet radio station was established to help aspiring students who want to experience broadcasting set-up."

This was according to Mr. Paul Ombrosa, a professional radio DJ, and a Grade 7 teacher, who initiated the club in September.

One of the members of Grade 8D, Kein Luigi D. Micalat, says, "We are using the program of the virtual dj and the equipment like the mixer, microphone, laptop, and pop filter."

He shared that he was motivated to join because he wanted to love his voice. Whenever he recorded his voice in the past, especially when creating videos, he gets disappointed because he believes that it has a poor modulated quality. He believes then that *Junior Jocks* will give improvement.



Commercial production by Ronan Polo M. Ferrer



News reporting by Nyah Angela E. Villarete

Ric Christopher Omas-as, also from Grade 8, trained for the last week of October and said, "We imagine ourselves being the DJ. At first, we feel awkward to hear our voices, but as we do it, we feel more confident."

The website is tpsfamilyradio.listen2myshow.com

Teacher Paul started giving the software to the student junior jocks and he is positive to fully materialize the objectives of the club in January 2016.



Teacher Paul is one of the DJs of the London-based Radio station EURadioPinoy. Poster credits to Vincent Shark

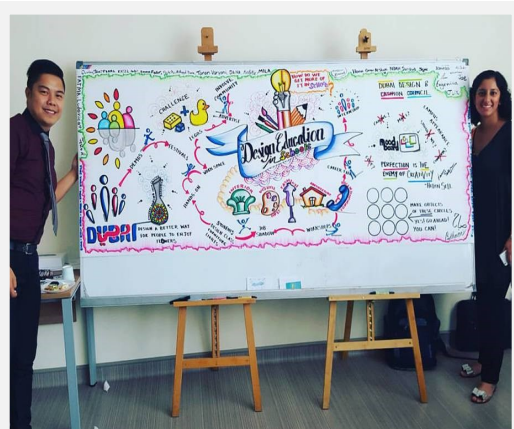


Euradiopinoy Admin — Datchi Delima, Admin Cheryl Cordova, DJ Jolly Willy (Mr. Paul Ombrosa) Photo credits to Paul Ombrosa



TPSians on What Works seminars

Photo from Bethoven Filomeno's Facebook page



KHDA Visual Harvesting
MAPEH Department Head Bethoven M. Filomeno (left) works with Ms. Sabah, the principal of Swiss International School– Dubai .



What Works Makers
TLE Teachers at the Emirates Aviation University



TPSians during the 'Recycling Competition' at the Emirates Aviation University on November 9, 2015



What Works Well-being Seminar
L-R Department Heads Bethoven Filomeno (MAPEH), Myrna Ardiente (Science), Allan Cariaga (Activity Coordinator), Beth Rondilla (Math), Dinah Goc (English), Eugene Francisco (Guidance Counselor), Violeta De Leon (Filipino) at Mohammed Bin Rashid Al Maktoum Academic Medical Center

Faculty Club 2015– 2016



President :
Romeo Ancheta
Vice– President:
Arlene Sandoval
Secretary:
Violeta Frias

Treasurer:
Noel Lavadia
Auditor:
Arnie Lazaro
PRO:
Paul Simeon Ombrosa



SSG Beautification Project: Case in Point

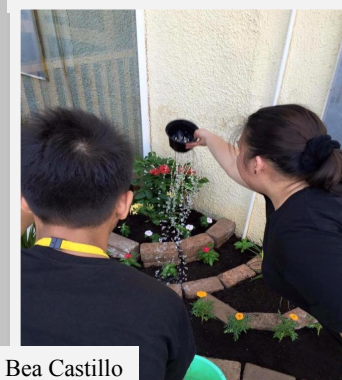
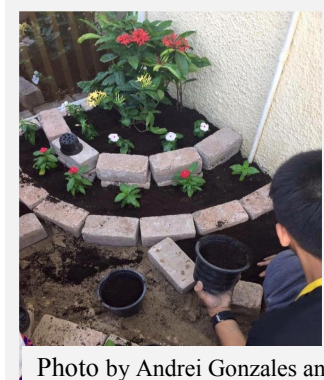
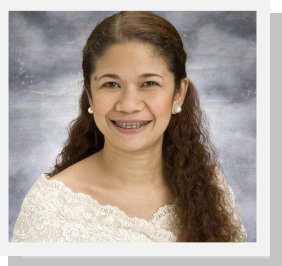


Photo by Andrei Gonzales and Bea Castillo

Dr. Riza Rowan-Danao : TPS challenged New TPS Vice-Principal to open senior high

Retold by Isabella Y. Manlangit Information from HR

By Yana Abriel M. Bautista



Dr. Riza R. Danao will be the new Vice-Principal for Academic Affairs starting on November 18, 2015.

The academic leader received a Bachelor's Degree in Psychology (Cum Laude), a Master's Degree in Business Administration, and Ph.D. Degree in Educational Management.

The academic head had more than 15 years of working experience in the academe. She served as a teacher, chairperson, department head, college instructor, and professor in various schools and universities in the Philippines. She also served the *Singapore School in Indonesia* as a school principal.

K-12 lecturer Dr. Marylendra Penetrante said that TPS must do something to respond to the needs of the Filipino community. TPS must also cater to students' needs by putting up K-11 and K-12 programs for the next school year.

Apart from the vocational courses to be offered by the senior high school, the speaker is also targeting another objective of keeping Filipino families intact in Dubai.

"If TPS won't be able to offer K 11 and 12, most probably, students go home in the Philippines," she said. She implied a natural tendency that children will be away from their parents which may lead to varied social and parenting problems or concerns.

TPS Principal Ms. Jocelyn M. Sollano related that she went home in the Philippines to inquire the requirements on how to carry-out the legalities in putting up the program overseas.

However, she admitted that in an overseas scenario, the location and a large area for school establishment were major issues.

Moreover, Dr. Penetrante said that Department of Education has no clear guidelines yet for accreditation in overseas.

Penetrante urged teachers to equip themselves with TESDA certifications available in Dubai. Assistant Principal Richard Zulueta affirmed that there are courses available at the Philippine Consulate in Dubai, POLO—OWWA offices.

She assessed some potential qualifications among the teachers during the seminar, and it appeared that four teachers had already been licensed with TESDA National Certificates (NC). This means that they are already eligible to teach senior high school.

She informed an idea on what courses to offer initially since vocational courses are expensive to put up. She recommended to start with courses that TPS can afford to offer like culinary and caregiving.

Zulueta mentioned, "We are working for the Senior High School or K-11 and 12 for 2016.



Lutong Pinoy 2015 Culinary Contest in October



Yemen Campaign By Richard Zulueta

The national campaign to support Yemen was initiated on September 10, 2015 through the KHDA, with the coordination of Red Crescent Organization. The Philippine School—Dubai Outreach Club, in its commitment to reach out to those in need, responded, and initiated its own campaign by collecting school supplies (pens, pencils, rulers, notebooks, erasers and bags) for distribution to the ill-fated school children in Yemen.



TPSians bag prizes for PSO essay writing contests

Competition promotes Philippine Cuisine



The Philippine Schools Overseas, in cooperation with Mama Sita's, conducts essay writing competitions and sponsors prizes for TPSians. L-R Mr. Angelo Marana (TPS), Mr. Aries Geronimo (from Mama Sita's), Ms. Arlene Sandoval (TPS), 1st Placer Mariah Martinez, 3rd Placer Aeron Alde, 3rd Placer Marieneth Morales, Ms. Jocelyn Sollano (TPS), Mr. Richard Zulueta (TPS), and Mariliza Quilang (TPS). File Photo: October 15, 2015

Action Care Dubai facilitates Healthy Living Campaign



This program is done in support of the government's Anti-Obesity month in September.

Grade 4 students tour at Blue Mosque

By Richard R. Zulueta

October 6, 2015—The Grade 4 students of The Philippine School-Dubai were given the opportunity to marvel on the architectural designs of the Blue Mosque in Al Safa, Dubai.

As an added feature, the kids had a free lecture about Islam faith and UAE culture wherein they were also given the chance to ask questions during the open forum.

The Blue Mosque is formally known as the Al Farooq Umar bin Khattab Mosque. It was named as Blue Mosque because it was versioned around the Blue Mosque in Istanbul, Turkey.

The Blue Mosque can accommodate 2,000 worshippers and is considered one of UAE's largest mosques and the third of its kind to open its doors to non-Muslims. That is after the mosque of the late Sheikh Zayed Bin Sultan Al Nahyan in Abu Dhabi and the Grand Mosque in Jumeirah.



Photo by Richard Zulueta



FEATURE

Alyssa De Gala: Yaya Dub of Dubai

By: Maryruth Clarenz Cueto, Margaret Ashley Castillo, and Lian Marianne Garcia

Alyssa Nicole De Gala, a second-year college student and an alumna of TPS, became an online sensation because of her beauty resemblance and *Dubsmash* skill comparative with Maine Mendoza, who is popularly known as Yaya Dub.

She took part in an online video that was a parody of Kalyeserye, a segment of the famous Philippines' noontime show: Eat Bulaga.

Due to this parody that Alyssa made, along with one of her friends, 'Kapuso Mo, Jessica Soho' program found her and saw the likeness between her and Maine Mendoza.

Insights : Other than physical appearance, what other qualities do you think you share with Yaya Dub?

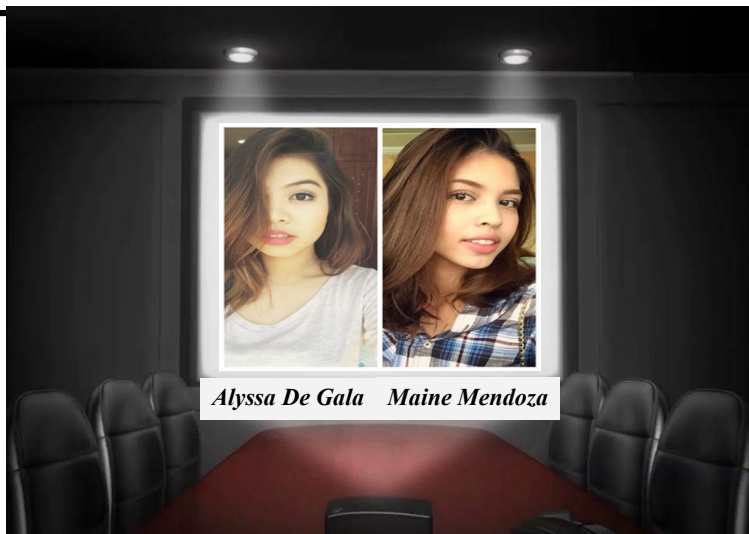
Alyssa: "I think we're both having fun in making videos such as Dubsmash and Vines."

Insights: What was your immediate reaction when you first heard the news that your video went viral?

Alyssa: "I was shocked when I saw my Facebook notifications and friend requests are loaded, and then I found out that the video that we've made went viral. I was really happy at that time because most of the comments are positive."

Insights : Is having a famous look-alike an advantage on your side? How?

Alyssa: "For me it has an advantage and disadvantage. It's an advantage because I can make people happy, especially those who love and idolize the real Yaya Dub."



Alyssa De Gala Maine Mendoza

On the other hand, it also has a negative effect on me because some people will say a lot of bad things about the way I look. This is due to the reason that there are some fandoms who over react because they don't want their idol to have an imposter. It seems like it's my fault to have this kind of face."

"There's a time when someone messaged me on Facebook. She was really mad at me and told me that I did a plastic surgery for me to be like their Yaya Dub. It's quite funny on how they think. That's why I already mastered the art of not giving a care to negative criticisms."

Insights : What is the reason why you made the video?

Alyssa: "Boredom. It was already 4 o'clock in the morning at that time and I can't sleep. Then Kuya Arvin (the one who come up with an idea about this parody and also who edited the video) requested if I can act as Yaya Dub. I don't know that he's serious about that. I thought he was going to upload it on our private group only just for fun, but the next morning I woke up with tags and mentions of this video all over my timeline. I made this to have fun not only for myself. Even if I'm the one who made the video, I still can't stop myself from laughing whenever I watch this. I just can't believe that I can make such things with the delightful objective to give fun and smile to others."



TPS alumnae Alyssa De Gala and Micah Madriaga ape the popular Yaya Dub and Lola Nidora icons. Photos supplied by Alyssa De Gala

School to professional performing arts

PGT Finalist gives advice to TPSian performers

By Jonel E. Almario

Ingrid Payaket, a *Pilipinas Got Talent Grand Finalist* and currently a voice dubbing talent of ABS-CBN, recalled how her high school and college experiences played a big role in her performing arts career. She encompassed pieces of advice to TPSians.

"I started having voice lessons at the age of nine. Then I joined a band when I was in high school as a hobby. However, it was during my college years when I joined the Saint Louis University Glee Club in Baguio City, that my love and respect for singing and performing on stage was developed," she related. She would spend three hours every day, after her nursing classes, to practice with her fellow choir members. Ingrid described the rehearsals as tedious but it did bear fruit for it made her appreciate the craft of choral performance.

"Singing in beautiful harmonies, whether going soft on some parts and going fortissimo whenever it deemed fit, was likened to an experience of transcendence, or like connecting to a higher being."

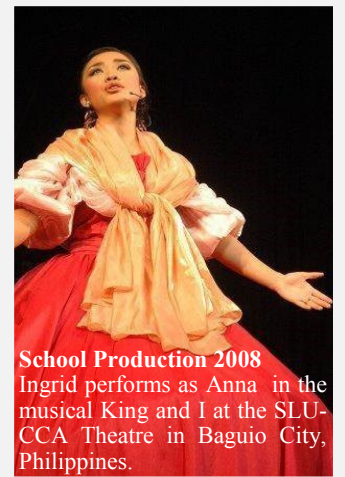
During her college years, becoming a story teller through songs is what thrilled her. Luckily, the glee club she was part of produced musicals that broadened her appreciation of plays. Pieces like *Miss Saigon*, *Beauty and the Beast*, and *The King and I* were just some of the many plays they performed.

When asked what pushed her to participate in *Pilipinas Got Talent*, she replied that her family and friends encouraged her to do so, but trying to audition would mean that she would have to travel for hours to reach Manila. And as if it was meant to happen, the audition took place in her own hometown, Baguio City.

Ingrid Payaket is humbled by being called the "Pride of the Cordilleras." She felt ecstatic when she realized that by participating in PGT, she was able to represent, inspire, empower and uplift other *Cordillerans* and people from her indigenous tribe: the Igorots.

After the PGT era of her life, together with other alumni of her college, they formed an acapella group called the "Pinopela", which is headed by none other than Maestro Ryan Cayabyab. They participate on a national competition called the *Akapela Open*. They won 1st and 2nd runner up during the first and third seasons respectively and triumphed as the Champion during the second season. They hope to represent Philippines on the international stage someday.

Insights asked her about how she sees herself if an opportunity like PGT haven't arisen or if she was not able to pursue her passion. Ingrid, who is also a professional nurse, answered it beautifully by saying, "If I hadn't pursued my passion for singing, I would be working as a nurse in a hospital and would still be singing, most likely for my patients."



School Production 2008 Ingrid performs as Anna in the musical King and I at the SLU-CCA Theatre in Baguio City, Philippines.

Photos supplied by Ingrid Payaket

Towards the end of our interview with Ms. Ingrid Payaket, she told a message for all the children of this generation that has taken interest in the world of performing arts. She said, "Young as you are, make the most of your time to discover and develop your God-given talents. Not every one might be lucky enough to make it big like Adele, but eventually, you will find your place among the night sky, giving light to others. Be patient and persistent. You may not fully reap the fruits of your efforts now, but who knows what the future has in store for you."

"More importantly, by all means, finish your studies. It will equip you with the right life skills and knowledge you will be needing along the way. In the advent of internet and social media, performing arts is no longer limited to a number of audience. This generation has the whole world at their fingertips. Let your talent, passion, cause and creativity inspire and encourage others with a single click," Ingrid concluded.



Ingrid is a member of Pinopela, an acapella group who were champions in the second season of Akapela Open 2014.



Photo credits to www.pep.ph

'Sana Maulit Muli' Duet Ingrid sings with Gary V during the Grand Finals of Pilipinas Got Talent Season 1.



Ingrid participated in the live auditions of Asia's Got Talent in Malaysia..



PGT Idol's fan moments with the Broadway Star Ms. Lea Salonga

FEATURE ||||



First ever Miss Teen PID 2015

By Eric Glenn F. Refareal



Princess Joshelle P. Aguinaldo



June 12, 2015—Philippine Independence Day Chairman Cherry Pye Zablan Torres, Pageant Judge Manette Mack Even, Miss PID 2015 Princess Joshelle P. Aguinaldo, Mr. PID 2015 Mark T. Umayam, Philippine Consul Giovanni E. Palec
Photos by Bethoven Filomeno

DLC : keen to get on



Academic City, Dubai - DLC performs at the Knowledge and Human Development Authority (KHDA) lobby

"The recognition is important for me because I represent my family, my school, and my ballroom club," Miss Teen Philippine Independence Day 2015 Princess Joshelle Aguinaldo uttered during an interview.

The pretty, talented lady was also proclaimed as Ms. Photogenic, Best in Beach Attire, Best in Casual Attire, Best in Sportswear, and Best in Formal Attire. She surely grabbed most of the awards in the competition. Joshelle stated that she felt blessed and thankful as all of her hard works paid off.

The fifteen year old beauty queen told that she learned a life lesson through a very inspiring quote which says, "Everything is not as easy at seems. It takes hard work and dedication that make it look easy but in reality you've just learned to overcome the pain."

"A lot of people think that it's only about 'WALKING,' but if you were in the situation, it takes more preparation for the ramp," she said. "You need to be prepared physically which means health and maintenance of your body shape are priorities.

"Mentally, you need to have a mind-set that you must not give up no matter how hard it is."

"Lastly, emotionally, because being able to control your emotions is a good thing for the competition as it helps you humble yourself," the crowned Ms. PID added.

Aguinaldo ended her statement with a tip for others who aspire the relative interest, "Pray for your dreams, because if you do your best for God's glory, God will do the rest."



Drummers at Le Meridien during TFC Fil Expo Opening Parade



DLC moments of happiness



L-R Majorettes Andrea F. Francisco, Joshelle P. Aguinaldo, Menwa D. Buenaobra, Samantha S. Delgado, Clarissa Fletcherero



TPS Drum and Lyre Corps with other performers during the opening ceremony of the Innovation Week at KHDA, Dubai.

TPS embraces the celebration of the 44th UAE NATIONAL DAY

@ Dubai Mall- EMAAR, November 28, 2015

Photo by Felipe De Leon



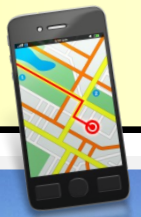


FEATURE



Trekkers

Wanderlust



A Popetastic Experience

Constant walking and travelling tested Januel and Louise Pitoy's patience, but how can they complain if both walked through Italy's streets full of savoury and unique tastes? Authentic pizza, pasta, mozzarella, and gelato may sound familiar to all, but in Italy those mundane cuisines tasted ten times better, according to Januel.

Liquor is also widely available, differently here in the U.A.E.

The highlight of this trip for them was definitely meeting the Pope in person! "Imagine such an iconic and prominent person right in front of your eyes. How incredible would that have felt!" he expressed.

He also shared that churches in Italy can literally be found in every corner, and that they are huge. It almost felt like there was a church inside a church!

Dining Traveller

For Pamela Mae Villafior, commuting every day to go to their destination was no doubt the hardest part of this trip, especially if you're travelling to three countries namely Malaysia, Singapore, and the Philippines in just one summer. However, getting to meet new people and seeing the different scenic views were worth all the effort.

She was able to taste some rare and unusual dishes, such as the 'chili ice-cream' in Bicol, red velvet and green tea doughnuts in Singapore, numerous types of 'Kit-Kats' in Malaysia, and Palawan's 'ube crinkles' which in her own words were "beyond delicious."

Hotel Hold Up

Travelling to Hong Kong, Shenzhen, and Macau seems like already a lot to take in but how about waiting for 6 hours just to be able to get a hotel room. Edgar Hidalgo is one tolerant guy for being able to go through this hotel hold-up.

However, one thing for sure is that being close to nature really helps him to unwind and that is exactly what Edgar and his family did.

They went to a park near their hotel to relax, but there they found an uncommon sight; old people cleaning up the park while exercising and looking really strong and fit.



Louise and Januel Pitoy

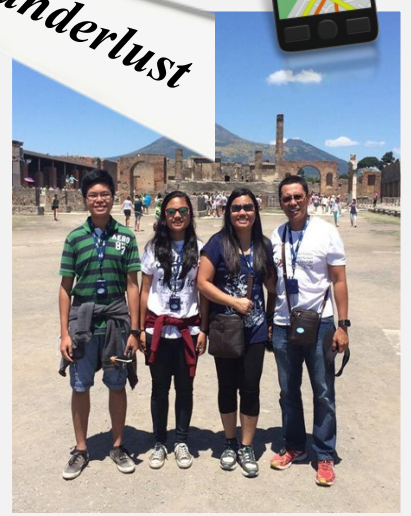


"Elderlies in Hong Kong are given the opportunity to work unlike in the Philippines," he said.

"Pointing at the pictures in the menu was the way they ordered in restaurants since some workers could not understand nor speak in English," he added.



By Isabella Y. Manlangit
Anne Wellien M. Jalauig



Border Explorers



The language barrier between Joshelle Aguinaldo and the citizens of Georgia made it hard for her and her family to get around the country, but that did not stop them from hiking the mountains and even going to the border line between Russia and Kazbegi.

She could say that she travelled to another country with just one step. How tempting that must have been? She shared that she found the country of Georgia quite ironic. The churches were abundant and can be seen all around; while also having heaps of bars and strip clubs in every part of the city.



FEATURE ||||



Commission on Filipinos Overseas
Philippine Schools Overseas

POSTER MAKING CONTEST

Overseas Filipino Youth: Thinking Globally, Acting Locally

Online Voting Mechanics

1. Voting will start from 18 November to 04 December.
2. Artworks will be uploaded with the pen names of the participants and its titles.
3. Voters must like the official PSO Facebook page.
4. The "likes" and "shares" of an artwork will constitute the 20% Audience Impact criteria.

Thank you and good luck!

facebook.com/philippineschoolsoverseas

These are the official entries of The Philippine School Dubai in the poster making contest initiated by The Philippine Schools Overseas, with the theme : "Overseas Filipino Youth : Thinking Globally, Acting Locally."

We request your significant role in making our students win. Please show your support by visiting the official PSO Facebook page, and please do not forget to hit the LIKE and SHARE buttons.



We appreciate if you make your vote count.

Special thanks to the Visual Arts Team in facilitating this event.



The Colors of Our Roots
By Anne Beatriz C. Libranda



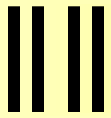
OFW's Step into the Future
By Nicholas Andrei B. Trajeco



Filipino Youth Reaching Out to the Bright Blue
By Paula Denise V. Tongol



Proud to be Pinoy
By: Januel Z. Pitoy



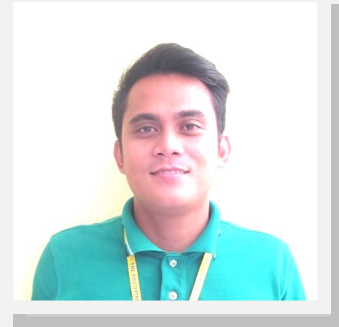
The New Teachers on all ways and means

By Yana M. Bautista, Isabelle H. Maat , Eryn V. Mateo,
Jizette G. Ibarra, Alessandra Mae A. Buan,
Danielle Alysson A. Serrano
Photo by Alexis Pearl S. Manalastas

Jey T. Pusta

Being in a band, in sports ,and in teaching are the cups of tea of the talented , versatile Sir Jey. He is a guitarist, a drummer, a singer, a dancer, a musical director, and a choreographer. With this, you could surely tell that he is multi-talented!

Name it! Sir Jey also knows how to play most kinds of sports such as sepak takraw, tennis, golf, aquatic sports, and gymnastics.



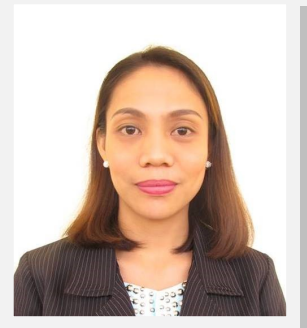
*Bachelor of Secondary Education,
Major in Physical Education
Philippine Normal University,
Manila, Philippines*

Anna Liza A. Cardíño

Ms. Anna, who believes that practice makes perfect, is now a Taekwondo black belt holder.

She related setbacks that defined her and helped her improve. When she was still a red belt holder, an unexpected twist of events happened while competing against a black belt holder.

The opponent had a short height but it turned out as an advantage against her. However, the support of her coach was encouraging. The loss became a gem because she was able to practice the management of setbacks.



*Bachelor of Secondary Education,
Major in Biological Science
Aurora State College of Technology,
Philippines*

Carina L. Morales

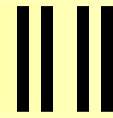
A teacher ,who plays different musical instruments, isn't just a dime in a dozen. Adding her mesmerizing voice, this makes her even more dexterous. In fact, Ms. Carina was a skilled, brilliant band member back then.

According to her, this interest of hers in music brought her to teaching; inspiring her to use what she loves doing everyday. If you visit her class, you'll most likely encounter her singing and playing instruments along with her students. She also stated that she teaches them songs and helps them find their interests.



*Bachelor in Elementary Education,
Major in Early Childhood
Our Lady of Fatima University,
Manila, Philippines*

The New Teachers on all ways and means

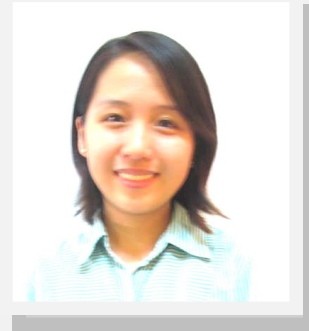


Anne Muriel C. Salaya

"Learning doesn't end in school," said Ms. Anne.

Nowadays, it's easy to learn new things through the different social media websites. This is one way on how Ms. Salaya learns lettering, paper cutting, and calligraphy. She even attended some sessions to learn more of these ; not as a teacher but as a student.

Having a Master of Arts in Education with Specialization in Elementary Education, her interest in art isn't much of a surprise. In every lesson, she applies these through her visual aids while teaching.

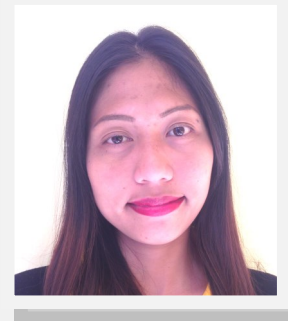


*Bachelor of Elementary Education,
Philippine Normal University,
Manila, Philippines*

Manilyn T. Vilda

You are most likely to achieve things when you have a bucket list. Ms. Manilyn aims to travel around the world , and to try activities that are out of this world.

Apart from that, her mother influenced her in her love for cooking , which makes her the right fit as a new TLE teacher.

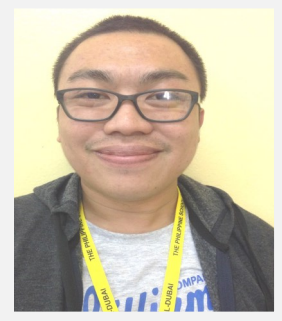


*Bachelor of Secondary Education,
Major in Computer Education
Trees College Makati,
Philippines*

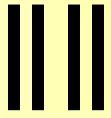
Benjhiemin A. Recto

Winning dance competitions is one of the many goals Sir Benjie possesses, but there's more to that than just winning. He aims to share his passion for dancing in addition to teaching.

He describes himself as an approachable friend and he knows that simplicity is the ultimate sophistication.



*Bachelor of Secondary Education,
Major in Social Studies
St. Francis of Assisi College,
Philippines*



Jeniël D. Matin-aw

Sangguniang Kabataan, more commonly known as SK, is a youth council in each barangay in the Philippines. Ms. Jeniël was the SK chairman and therefore led the council. As a political leader, she learned to be more patient and she also learned to build a harmonious rapport with her colleagues.

She was also once a voluntary service officer to Uganda.



*Bachelor of Elementary Education,
Major in Social Science
Philippine Normal University,
Philippines*

Regina V. Penuaga

Athletic, intelligent, and a doting mother! That is Ms. Regina Penuaga.

She is a loving mother and she said that having a daughter was her greatest achievement. It taught her to be more responsible and fully dedicated to what she does. She treats her students as her own children and gives them her unconditional love.

She was also a volleyball varsity player since elementary until college. She wasn't an excellent player at first; however, hard work and the spirit of leadership made her a captain ball during her college years. As a former captain ball, she learned all about self-discipline and applies it to her teaching even to this day.



*Bachelor of Elementary Education,
Major in Science
Meycauyan College,
Philippines*

Jacqueline R. de Veras

Ms. Jacqueline is a woman of many skills. Besides being a Production Secretary and a Warehouse Receiving Clerk in the past, she also had experience in logistics and in the field of Accounting. These tasks taught her to be neat and organized. She applies all that well in her teaching.

She's also an outstanding musician. She's skilled in playing the Banduria, Laud, and Octavian instruments.



*Bachelor of Secondary Education,
Major in English
Partido State University,
Philippines*

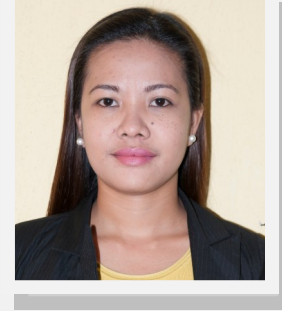
The New Teachers on all ways and means



Gloria B. Cacayurin

“During my early age until I reached college, I had joined several beauty pageants but I stopped when I started working. However, I still continued modelling. I was also given a chance to show my secretarial skills when I was employed as the secretary of our Municipal Vice– Mayor for one year,” Ms. Cacayurin stated.

“The most significant achievement that I can relate to that composes personal and professional value is the fact that I passed the LET. I consider it as a personal value for I dedicated a lot of time, energy, determination to attain such a profession, of course, for the benefit of the students,” she concluded.



*Bachelor in Elementary Education,
Central Institute of Technology,
Tarlac City, Philippines*

Jaime B. Fabia

When it comes to teaching, Sir Jaime applies his attitude as an athlete such as being disciplined, dedicated, and most importantly, being passionate in what he does. He is a consistent varsity player of a variety of sports such as volleyball, sepak takraw, athletics, badminton, table tennis and basketball, wherein he won his first medal when he was 7 years old.

Aside from being an athletic person, Sir Jaime has a place in the kitchen because of his love for cooking. He uses his talent in drawing in providing artistic visual teaching aids.



*Bachelor of Science Education,
Major in Industrial Arts
University of Negros Occidental,
Philippines*

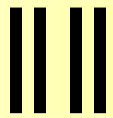
Rhea P. Rosete

Being in Ms. Rhea’s class is like being in her own version of a variety show. She lets her students act, sing, and impersonate the way she does it. Her grammar songs are potent; singing her topic to the class never made a dull moment. Hosting and singing on weddings and other social gatherings are some of the things she pursues aside from her profession.

Her values coexist which make her a great fit for a teacher. In other words, her values are like her pair, never one without the other.



*Bachelor of Secondary Education,
Major in English
Saint Mary’s University,
Nueva Vizcaya, Philippines*



The New Teachers on all ways and means

Madonna A. Timbang

Ms. Donna writes poems as her avenue of self-expression. Aside from writing, she is also fond of sketching and drawing. The beloved teacher came from a large family consisting of ten children.

Ms. Donna is brilliant that her grades were qualified to be a part of the barangay scholars, and she was able to avail the Private Education Student Financial Assistance (PESFA) Scholarship extended by the Philippine government to incoming college students.



*Bachelor of Secondary Education,
Major in Biology- Chemistry
Holy Angel University,
Pampanga, Philippines*

Ricardo A. Sarmiento

Mr. Ricardo, well known as Sir Ric, is elusive, pragmatic, funny, approachable, and honest. He loves reading, organizing, and classifying information materials. He is a Licensed Librarian and formerly a Digital Archivist in the Presidential Communications Development and Strategic Planning Office in the Malacañang Palace, Philippines.

His precious achievements were when he passed the two Licensure Examinations which were the Licensure Examination for Librarians and the Licensure Examination for Teachers. He was also grateful when he was given a chance to work in The Philippine School.



*Bachelor of Library
and Information Science,
Philippine Normal University,
Manila, Philippines*

Carol H. Salinas

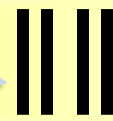
Ms. Carol's interests, which she pursues aside from teaching, are playing volleyball and hosting. Her significant achievements were when she finished her Bachelor's Degree at Saint Mary's University, being a consistent Dean's Lister. Thereafter, she had Master's Degree with Academic Requirements.

Hosting is one of her passions. She was awarded as the Best Table Topics Speaker in Digerati Toastmasters International in Dubai. Aside from hosting, she can also sing and dance. She also has a passion for cooking.



*Bachelor of Secondary Education,
Major in English
Saint Mary's University,
Nueva Vizcaya, Philippines*

The New Teachers on all ways and means

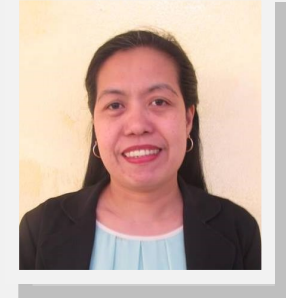


Racquel F. Ocba

‘All-rounder’
 This is just one of the adjectives that can describe her. This teacher is very accomplished in several fields. She is a singer, a trainer, a teacher, and a storyteller.

Ms. Ocba had won a variety of contests in different disciplines. Once, she impersonated Helen Kead and she won the prestigious first place in her district. What’s more surprising is that she was forced to join it!

Furthermore, she was a consistent Dean’s Lister and a respected storyteller in her hometown. Due to her astonishing dexterity, she triumphed in a district contest where she obtained the 1st place and clinched the 2nd place in the provincial division.

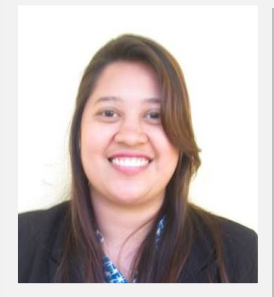


*Bachelor in Elementary Education,
 St. Joseph’s College,
 Quezon City, Philippines*

Dolor Y. Escarpe

“I accidentally deleted my files. How can I recover them again?” Does this always happen to you? Fear no more, because our outstanding teacher here is an adroit troubleshooting technician.

What makes her distinctive hobby of troubleshooting a stepping stone in teaching? Ms. Escarpe told TPS Insights, “Of course, when teaching is your passion, there will always be this drive to impart knowledge to my students; to learn new things from them and they will learn from me too.”



*Bachelor in Elementary Education,
 Major in Special Education
 University of San Carlos,
 Cebu City, Philippines*

Leah B. Manuel

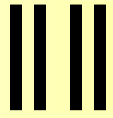
“The purpose of art is washing off the dust of daily life.”
 –Pablo Picasso

Ms. Leah is a very devoted teacher, harbouring several talents. She is artistically inclined, and is very fond of drawing, sketching, and painting. Ms. Manuel possesses a marvelous talent if the topic is about arts.

Graduating with a Bachelor’s Degree in Elementary Education, Ms. Leah Manuel makes the lives of her students as colorful and vibrant as her art.



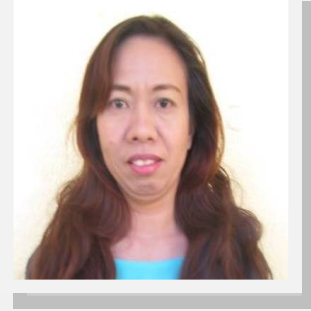
*Bachelor in Elementary Education,
 Major in Physical Education,
 Health and Music
 Pangasinan State University,
 Philippines*



The New Teachers on all ways and means

Theresita R. Igot

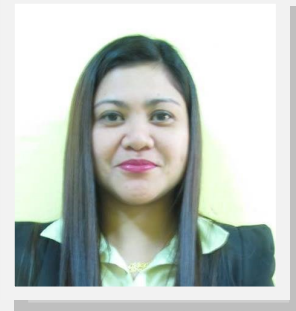
Ms. Theresita is a teacher from the primary level that teaches Arts to the young ones from Grades 2-5. Before working in the TPS, Ms. Igot had many generous, compassionate occupations such as caregiving and being a volunteer for the Red Cross in the Philippines.



*Bachelor of Secondary Education,
Major in Social Science
St. Theresa's College,
Cebu City, Philippines*

Abegail J. Muksan

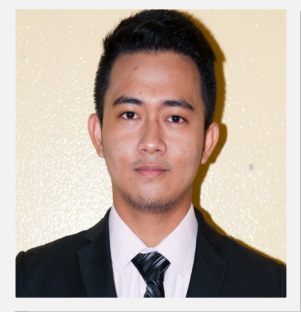
Confident, hardworking, competitive, sassy and beautiful are words that describe Ms. Abegail. Besides being a diligent Science teacher for the intermediate level, she once spent her time in the Philippines as a rhythmic gymnastics coach. No one took the crown from her as she was part of the winning team in every championship. She describes herself as flexible in both sports and teaching, and uses that for her students' advantage. She lets them stretch, both physically and mentally. Ms. Muksan also has little extras up her sleeve like being vocally talented.



*Bachelor of Elementary Education,
Major in Science and Health Education
Western Mindanao State University,
Philippines*

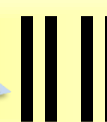
Edmir G. Capuno

Sir Edmir Capuno is brave, adventurous, nationalistic, curious, and passionate. Aside from teaching, he also pursues his interests in journalism and photography. He loves capturing the different events, glorious landscapes, and picturesque sunsets. One of his significant achievements was during his college, when he was able to travel to Bangkok and Phuket, Thailand for free. He represented the Philippines, together with other Filipino filmmakers for the Amazing Thailand Film Challenge.



*Bachelor of Arts in Communication,
University of Sto. Tomas,
Manila, Philippines*

The New Teachers on all ways and means



Aldridz M. Martin

Often mistaken as a student, Sir Aldridz tends to take it as a compliment. His personality screams youth.

He is not any ordinary teacher. Pole dancing, aerial hoop, aerial silk, wakeboarding, and gun shooting are just some of the things he does aside from teaching.

Sir Aldridz surely knows how to get a break from the reality through reading books and listening to Music. His interesting way of teaching along with his positive attitude is what makes his students enjoy learning.



*Bachelor of Secondary Education,
Major in English
University of Sto. Tomas,
Manila, Philippines*

Welven S. Salundagit

“Knowledge is a sure way to motivate kids and prepare them for the lesson proper.” –Mr. Welven Salundagit

Mr. Welven was previously a strict Prefect of Discipline in his former school, and was also an uplifting pastor.

According to him, “Teaching and preaching are quite different in some aspects but similar in a way that you have a message to relay.” Having the experience to communicate with different types of people helped him to pass the message confidently and easily to the students. The skill of being erudite and knowledgeable in layouts and other forms of design allowed Mr. Welven to create interesting visual aids that grab the attention of the students.



*Bachelor of Secondary Education,
Major in Mathematics
Bachelor in Theology
Higher Ground Bible College,
Philippines*

Beng Beng A. Bautista

Meet Ms. Beng Beng Bautista, a church worker back in the Philippines. She plays the piano and teaches in a choir. According to her, teaching children is one way of serving God. In this way, she does her best to not only impart academic knowledge but to touch the hearts of children and to help them be good citizens. This led to one of her achievements, that is seeing her former KG pupils turn as college students or professionals.



*Major in Kindergarten Education,
Harris Memorial College,
Philippines*



The New Teachers on all ways and means

Imelda R. Villar

Just like an entrepreneur, Ms. Imelda has a passion for business which makes a relative sense to her love for Mathematics. She describes herself as a strict teacher, but at the same time a kind friend.

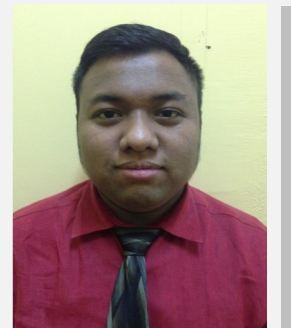


*Bachelor of Secondary Education,
Major in Mathematics
St. Joseph's College,
Quezon City, Philippines*

Arkie M. Nuque

Most of us are always too shy to volunteer, but not for Sir Arkie. According to him, he volunteers a lot in every aspect especially when no one will step up. He also focuses on the positive side of most things. Even when negativity arrives, he'll do his best to turn it around.

Aside from teaching, he worked as a secretary in an office and as a singer in a church. While doing so, he also taught in the Alternative Learning System Program in the Department of Education which teaches many who desire to study.



*Bachelor of Science in Mathematics,
Philippine Normal University,
Manila, Philippines*

Annalyn L. Moyon

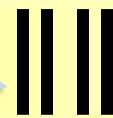
Aside from teaching, Ms. Annalyn was also a table tennis player and a coach back in the Philippines. She had also developed interest in painting and calligraphy. She defined herself as goal-centered, jovial, God-fearing, hard-working, and optimistic person.

She mentioned that there are unexpected turn of events in her life when she was hired in the Department of Education but decided to come here in Dubai. She affirmed that she wanted to teach students with different nationalities and culture. She chose this decision because she believes that something better and interesting will come into her life eventually.



*Bachelor of Secondary Education,
Major in Chemistry
Mindanao State University,
Iligan Institute of Technology,
Philippines*

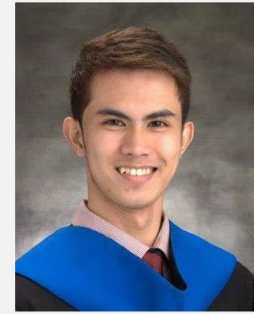
The New Teachers on all ways and means



Mark Eugene Z. Francisco

Every person has an ability but according to Sir Mark, some of us fail to use it. This ability is to observe even the smallest behaviour in its simplest way.

For him, using your talents can be compared to opening the eyes and like what lighthouses do in the seashore during the night-time.



*Bachelor of Science in Psychology,
Guidance and Counselling Stream
Philippine Normal University
Manila, Philippines*

Ana Liza R. Adarlo

Miss Analiza Adarlo is adventurous, hardworking, kind-hearted, emphatic, and goal-oriented. She has a talent in handi-craft and writing beautiful poems.

As an Assistant Coordinator for students with ‘Special Educational Needs,’ she applies her talents by looking for specific interventions that can be a great help for students.



*Bachelor of Science in Psychology,
Lyceum of the Philippines,
Batangas City, Philippines*

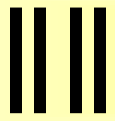
Francisca M. Coral

Aside from teaching, Miss Francisca also pursues her interest in photography. She is fond of taking pictures especially about nature.

Aside from photography, she also has a flair for dancing. As a preschool teacher, children look up to her as a good example, so she applies her skills.



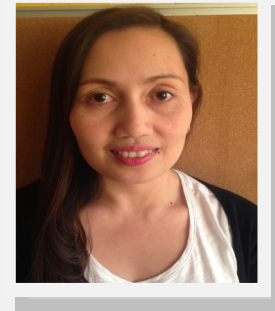
*Masters in Early Education,
Preschool Specialization
Philippine Normal University,
Manila, Philippines*



The New Teachers on all ways and means

Lorraine Jane T. Tolorio

Far from being a one-trick-pony, Ms. Loraine knows how to sing and dance. She had also an experience in customer service and sales, and managed a handful of creative projects. She enjoys creating culinary masterpieces, cleaning her house, and reading.

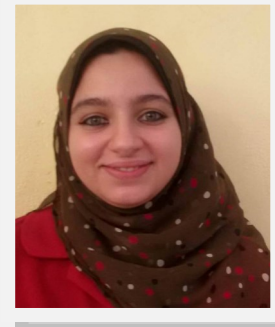


*Bachelor in Elementary Education,
University of Cebu
Cebu City, Philippines*

**Heba Hisham
(Arabic Teacher)**

Ms. Heba is a lady with a big heart and she has many passions. Her friends learnt the Koran because of her. She also enjoys designs and creates accessories. She makes recycled creations by using discarded objects such as old clothes.

One thing that she hopes is for her young and easy-going students to be artistic and expressive as what Ms. Hisham wants to see in her discussions.



*Business Administration Course,
El Manar School,
Egypt*

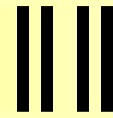
**Ahmed Yassein
(Arabic Teacher)**

Quiet and reserved!
These two words can be used to describe the demeanour of Mr. Yassein. While you may describe him as reserved and quiet, one cannot deny that Sir Ahmed has a physique like many professional athletes. It comes as no surprise that he surely knows how to outdo his opponents in the famous sport of basketball.



*Ongoing Masters in Financial Institution,
Alzaimalzhir Strategic Planning,
Sudan, Africa*

The New Teachers on all ways and means



Nagla Musa (Arabic Teacher)

Miss Nagla is a gifted woman on both the talent and intellectual aspects. She had an experience in nursing and was a college professor.

She is also a mother who listens and loves her children unconditionally. This is the reason why she chose to be a teacher in TPS rather than to be a college professor. She's also a devout Muslim who is learning about the Qur'an. She also enjoys drawing.

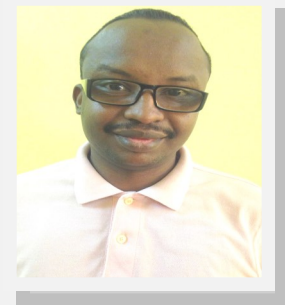


*Bachelor of Science
in Medical Laboratory (Histopathology)
Sudan, Africa*

Rami Marouf (Arabic teacher)

"If you can look up, you can get up." -Rami Marouf

Sir Rami is the epitome of a kind, caring, simple, friendly, and humble person. Why? He easily befriends many and takes things simply. Even though he is a teacher, he treats everyone, even his students, as his friends. Some of his hobbies are reading and playing football. He is also a journalist.



*Agricultural Engineering
Omdorman Islamic University
Khartoum, Sudan, Africa*

TPS along the lines, aims 'Zero Waste Free Environment'

<h2 style="margin: 0;">ENVIRONMENT FRIENDLY SCHOOL</h2>	<h2 style="margin: 0;">WASTE SEGREGATION</h2>	<h2 style="margin: 0;">GREEN ENVIRONMENT</h2>
<h3 style="margin: 0;">OBJECTIVES</h3> <ul style="list-style-type: none"> A. To help students and individuals to acquire a set of values for environmental protection B. To provide an opportunity to be actively involved in environmental awareness at all levels C. To promote love and care for our environment 	<h3 style="margin: 0;">PROCEDURES/DETAILS GARBAGE BINS:</h3> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p style="font-size: 0.8em;">RED PLASTIC</p> </div> <div style="text-align: center;"> <p style="font-size: 0.8em;">YELLOW PAPER</p> </div> <div style="text-align: center;"> <p style="font-size: 0.8em;">GREEN CAN</p> </div> <div style="text-align: center;"> <p style="font-size: 0.8em;">BLUE GENERAL WASTE</p> </div> </div>	<h3 style="margin: 0;">DUTIES AND RESPONSIBILITIES</h3> <ul style="list-style-type: none"> ■ Establish a plan for a year-long garden maintenance. ■ Maintain a calendar for planting activity. ■ Maintenance tasks such as planting, transplanting and watering ■ Plants watering timing is from 8:00 to 8:15 am daily



FEATURE

What about Sir Betong?

By: Erin Mitchel J. Abadilla and Simond Lars Darwin G. Lenon.

Educator and Professional Fashion photographer Mr. Bethoven M. Filomeno will help the typical fashion consumer see the real quality of being physically attractive. His exceptional photography skills were substantiated by his subjects such as international models, celebrities, and fashion designers with their associated clothing.

“I always set objectives to produce excellent images, images that will speak for what is beauty, what is art, what is creativity, and most importantly- what is God-given talent,” said Mr. Filomeno.

His most memorable photo-shoot was entitled ‘The Trophy Wife’. One of the top Filipino models in New York, Stephanie Retuya, was his model in the photo-shoot. Ms. Retuya was also under the management of Wilhelmina Models Management and was one of the first contenders in the 1st Cycle of Asia’s Next Top Model.

Mr. Filomeno also collaborated with one of the Philippines’ top accessories designer Mr. Adante Leysa, along with his own fashion crew in this memorable photo-shoot.

He also teamed up with other models, celebrities, and fashion designers such as Mr. Joel Cruz (King of Perfumes in the Philippines), Ms. Marina Benipayo (supermodel, ramp diva, and teleserye star), and Teta Ortiz-Matera (model, writer, and breast cancer advocate).

His photos had been published in magazines such as ILUSTRADO, SPOTTED.PH, Manila Bulletin Lifestyle Fashion, and in other mass media featuring prominent people in the fashion industry.

In relation to his pictures being recognized, he also said that his photos were worth publishing because he had always ensured that he produced images with excellence, creativity, and love for the craft and cut of photography. “My works symbolize my passion in cuts which I think from the beginning my love for art exudes in all things that I do,” replied Mr. Filomeno.

According to him, it was his goal to enter the world of fashion photography in the UAE as he decided to work as a teacher. “With the help of some friends who were already in the business of fashion in the UAE, doors were starting to open for opportunities for me,” said Mr. Filomeno in an interview from Reinventmag.com.

Sir Betong had attended fashion events and was given the chance to shoot at the very well-known ‘Fashion Forward Dubai.’ This was organized by Brag Events under Mr. Bong Guerrero.

He also mentioned that establishing your own entity in the world of fashion is significant. “One of the lessons I learned in my experience is that when you create an image, the audience can easily say that ‘It’s Betong’s work,’” he explained.

Mr. Bethoven Filomeno, indeed, loves what he does and assures that he gives his 100% best effort in every click of the camera, in every published photo, and in every shoot.

PERSONAL VENTURE

Mr. Filomeno originally wanted to become an architect or follow his father’s footsteps to become a painter. But according to him, “As the years went by and with the demands of life situations, I became a teacher and as I pursued my teaching career, I found myself loving photography. With this, I decided to take photography courses.”

He studied at the Philippine Center for Creative Imaging and Fashion Institute of the Philippines in 2011, and now works at The Philippine School—Dubai as the MAPEH Department Head.



“Serenity”
Jian Lasala
Lookbook for
Phil. Fashion Week



Teta Ortiz-Matera
Ramp Diva: Filipina
Coffee Table Book



Darica Magpantay
for Albert Andrada



Miguel Masigan
for Nico Agustin



“Gunge Perfection”
Retuya Sisters: Shana and Stephanie



Jodilly Pendre for Albert Andrada



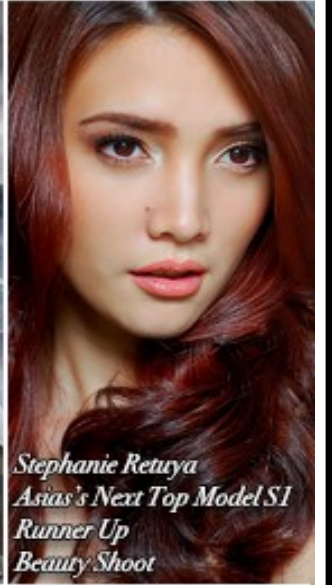
SMMA Models for
Edmir Lagui Collection



“Squeeze”
Published in
Manila Bulletin
May 2013



Ablazablaze 2012
Jun Jun Ablaza’s Exhibit
Manila Polo Club
October 2012



Stephanie Retuya
Asia’s Next Top Model S1
Runner Up
Beauty Shoot



Michael Cinco’s Impalpable Collection
Philippine Fashion Week Holiday 2012
Dominique Reighrad & Alison Harvard
America’s Next Top Model All Stars



“Splendor”
Published in
Manila Bulletin
July 2012



“The Trophy Wife”
Finals Fashion Editorial
Fashion Institute of the Phils.
May 2011



Mr. Bethoven M. Filomeno

TPS family
congratulates
Teacher Edward,
wife



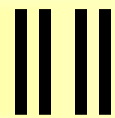
Mr. Edward L. Dagohoy, Grade 4 teacher, married Karen Charisse D. Lopez on August 8, 2015.



Cabuyao, Laguna— Newly weds with the sponsors and relatives. Popular actor Dennis Padilla (fourth from right) attended the wedding of the couple.

Visit his website @
www.bethovenfilomeno.wix.com/

OPINION



DESERT PEN

Erin Mitchel J. Abadilla
Editor-in-Chief, TPS Insights

Challenge to TPS

EDITORIAL

If TPS will be successful in establishing K 11 and K 12 next school year, many families will benefit. Students or children may stay with their parents in Dubai and need not to go back in the home country until they are mentally and emotionally trained in making better and stronger decisions.

Dr. Marylendra A. Penetrante is one of the respected psychologists in the Philippines, who challenged TPS to open the Department of Education's senior high school next year. Aside from the vocational skill benefits of the pre-tertiary program, it will also prevent students from being separated from their parents in Dubai to pursue college in the Philippines, or somewhere which means distance.



Based from a personal interview, several TPS alumni personally agree with the idea that children who stay with their families in Dubai are guided better and are more adept in making wise choices, which would benefit them in the future. Such a natural tendency for TPSian parents for sure, desire this as well.

"To be honest, I'm still not used to the Ateneo life. Whenever I have problems, I always seek for the help of my parents but they're not here so I try to deal with it alone," stated Genesis Gaspar in an interview with Insights. He graduated last year from TPS; thereafter, he studied in the Ateneo De Manila University, Philippines.

that is to merely share message and value in the world through free sensible speech.

To show-off skills doesn't even necessarily make sense when these abilities don't bless and benefit other people.

Recalling his achievement, he believes that the trophy is only a glass. "My name will also be forgotten when a new world champion replaces me the next year." He merely wanted to share true, significant stories, man's personal experiences, and best thoughts for people to take action.

According to Nick Morgan, the only reason in giving a speech is to change the world. It is not difficult to dig the diamonds from this relative statement.

A real champion recognizes the limits of his knowledge and capability. "Really, I still think the other speeches during the world championship competition are better," Qahtani emphasized.

He broke a myth, simply because his engineering profession is more relative to Mathematics than in communication.

Qahtani is an engineer, who won the largest communication or public speaking contest in the world. This proves that public speaking is not only for those who are inclined with it or for those who are only gifted with it.

Public speaking is also for those who fear it. Qahtani himself admitted that he had communication flaws and claimed that the stage is his cure.

What's next for the world champion? "I am receiving invitations to do workshops all over the world," he said. However, TM Mohammed doesn't forget to find balance with his priorities coinciding with this achievement. The titlist mentioned that he has also his family and his job.

Everybody in the house observed on what mind-sets, emotions, and skills substantiate a real, international worthy speaker. He is sincere, deep, profound, and not superficial.

Competing for the mere purpose of winning is a wrong reason. We challenge our best thoughts with others to improve ourselves. We expect the positive actions and changes of others based on what we experientially say.

'We compete not with anyone; we compete against ourselves.'

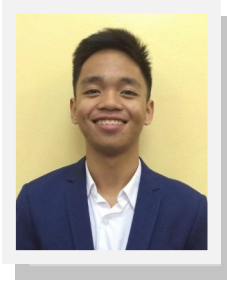
- Josie Conlu-Romulo, Communication mentor and Civic leader

The presence of parents and guardians makes children feel more supported and assured that whenever they experience setbacks, pressures, and challenges; their parents are there for them. This makes them deal with problems more systematically and more courageously as their guardians guide them along the way.

Alumnus Neil Made-lo also mentioned that, "There are times when I need their advice. All I can do is talk to them through chat. It really feels different in person."

More often parents usually tell their children to be careful and be safe. Prayer in times of distance is the best solution to whatever type of anxiety and problems when far from the family. This may soothe the nerve-racking thoughts and the endless time spent in worrying.

The status of TPS with regard to the application of senior high school with the Department of Education is still ongoing. Both the Principal Ms. Jocelyn Sollano and Assistant Principal Richard Zulueta confirm that efforts are being made in securing proper requirements and action plans. Let's keep our fingers crossed!



TOE THE LINE

Francis Allen H. Foronda
SSG President

Trailblazer

A single person can create a change, but actions create change, and success is its motivator. The Supreme Student Government will be your leaders who learn, think, and act.

Being a leader is not about the title or the name you possess. It should be about the genuine act of giving: giving your all, your best, your time and your effort.

Actions that would benefit the community; that revolves around the school. Being a school officer is a daunting task. One minute you're here; the next you're needed there. But the reassurance and smiles of the people you serve gives you the strength and happiness that allow you to keep doing your job.

Being a leader is not about the power; it is never about the power. It's about inspiring others, and empowering others to do their best, and making them become great leaders as well.

If you've taught others to do more, to become more, and to dream more, you've become a great leader. Of course, as the students' representatives, we aim to create an environment that leads to the growth of our fellow students, from academic to real-life applications. We are continuously creating programs that could create the stepping stones for their future, especially nurturing the talents, skills, and confidence of the students to promote global competitive spirits.

The Supreme Student Government is always here to lend our ears and our hands, whenever you need us. But we also need your help, support, and cooperation to create the change we want.



Mohammed Al Qahtani
Photo credits :
www.businessinsider.com



October 11, 2015- Public Speaking World Champion Mohammed Al Qahtani (fifth from right, front row) came to meet with the members of Toastmasters' International in Dubai.
Photo by Atique Mohammad



COLLAR

John Marcel E. Villanueva
Adviser, TPS Insights

Speak if genuine

"Your audience should be your number one. Do a speech for the people, not for yourself."

The Public Speaking World Champion Mohammed Al Qahtani demonstrated unfeigned personality, perception, and motivation when he interfaced with the different Toastmasters' organizations in Deira Business Village.

Toastmaster Mohammed, who described himself as goofy, competes but does not prioritize a win. What must be the sincere motive then? He said, "Do not compete for the wrong reasons."

He doesn't have the trophy in his mind when he competes. He is competing for humanitarian goodwill;



OPINION

Letter to the Editor

The Editor
TPS Insights

Dear Sir,

Learning in The Philippine School (TPS) will now be enhanced by reading articles of TPS Insights that will not only inform but empower the students as well as teachers and admin staff.

I believe that school issues are a reflection of the larger society. This campus newspaper will definitely open many young minds to the realities beyond the four corners of their classrooms.

I hope and pray that TPS Insights will be available for many years as it will also be a training ground for future journalists who we can be proud of.

Mabuhay and God bless TPS Insights.

Sincerely,

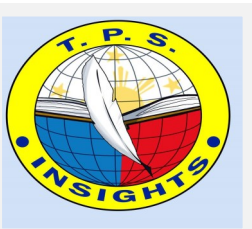


Rachel Salinel



Senior Correspondent for Dubai and Northern Emirates
News presenter for TAG Radio 91.1 FM

*Journalist of the Year at The Filipino Times Award 2015



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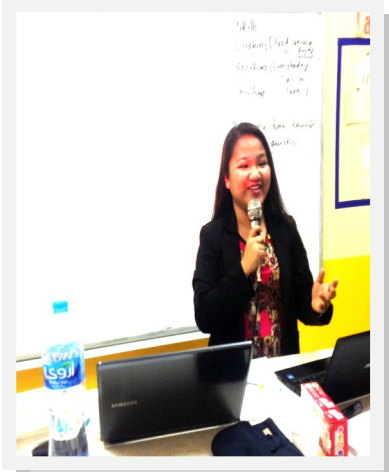
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Alexis Pearl S. Manalastas
Alessandra Mae A. Buan

Jocelyn M. Sollano
Principal



English Language teacher Carol H. Salinas talks about plagiarism during the school paper seminar at TPS on September 7, 2015.



Mr. Edmir G. Capuno (center), former ABS-CBN TV Patrol reporter and Social Studies teacher, after conducting *News Writing Filipino* and *Photojournalism* to TPS Insights' journalists on November 7, 2015 *Photo by Joem Ledesma*



TPS Insights' Immersion Activity

Marielle Lois P. Garcia does actual interview with Consul Giovanni E. Palec (2nd from right) during the registration of overseas absentee voting of Filipinos at St. Francis Church in Jebel Ali on October 16, 2015.

Photo by Ms. Rachel Salinel



L-R Alessandra Mae A. Buan, Marielle Lois P. Garcia, Martin Andrei G. Marquez, Consul Giovanni E. Palec, Ms. Rachel Salinel, Mr. Edmir G. Capuno

Dating mamamahayag nagsagawa ng pantas-aral sa pagsulat ng balita, photojournalism

Ni Eric Glenn F. Refareal

Si Ginoong Edmir Capuno ay nagsagawa ng pantas-aral para sa mga miyembro ng TPS Insights. Nakatutok ang diskusyon sa 'Pagsulat ng Balita Gamit ang Wikang Filipino at Pagkuha ng mga Larawang Panlathala.'

Tugmang-tugma sa panahon ang pagkakaroon ng ganitong pangyayari sapagkat ito'y naganap bago ang nalapit na paglimbag ng unang edisyon.

Isang malaking tulong ito sa lahat ng mga manunulat ng organisasyon. Nakapagpapataas ito ng moral at tiwala sa sarili lalo na dahil si G. Edmir ay dating mamamahayag ng ABS-CBN Network.

Ang pagkakaalam pa lamang na siya'y mayroong tanyag na pagkakakilanlan sa industriya. Ang sesyon na ito ay napupuno ng mga gabay at pamantayan tungkol sa pagsulat ng balita para sa pahalagang pagkakaalam.

Maaring ngang ang oras na maisaganap ito ay bahagyang maiksi, ngunit samu't-saring mahahalagang impormasyon ang aming nakalap mula sa kanyang kasanayan sa linyang ito. Sa aming palagay, ito ay naging isang malaking ambag para sa buong organisasyon ng TPS Insights. Inaasahan naming muli ang mga ganitong makabuluhang gawain sa mga susunod na pagkakataon.



TPS Insights' Kick-off Meeting on September 7, 2015 with the moderator Mr. John Marcel E. Villanueva

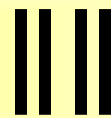


Editorial staff review and evaluate previous publications.

Special thanks to Ms. Rachel Salinel, Ms. Carol H. Salinas, Mr. Bethoven M. Filomeno, Mr. Edmir G. Capuno, Ms. Hilda P. Aguila, Mr. Aldridz M. Martin

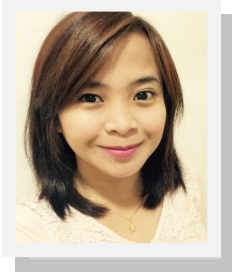
TPS Insights is the official newspaper publication of the The Philippine School - Dubai. We welcome article contributions from the students. Please send your contributions to: insights@thephilippineschooldubai.com

OPINION



How 'Social' Are You?

By Diana Mae B. Fulgencio



Technology has made social media very convenient and accessible. From the first dial up BBC in 1978, Friendster in 2002, LinkedIn in 2003 to Twitter and Facebook, which opened to non-Harvard students in 2006, Social Media have consistently evolved and adapted to the society. To this date, Facebook has one and a half billion active users, Twitter has 316 million, and Instagram has 300 million.

With a total of 7.4 billion people in this planet as of writing, and at the rate of five babies being born per second, three persons dying, our population keeps growing, and with that, so does social media.

Gone are the days when one needs to have a personal computer in order to access social media sites. Mobile phones have become too handy in terms of connecting people from different sides of the world. You just have to download applications, connect to the internet and voilà!

The social media are at your disposal. The question now is: *Are you really connecting with people and getting the right amount of socialization using these tools?* Here are five basic questions in order to arrive at an honest answer.

First: How many hours do you spend chatting over the internet versus personally talking to people? Dinner tables have become quieter as observed by restaurant owners. Since people spend more of their time together facing their mobile phones instead of engaging in discussions or telling their stories, they are busy posting pictures, writing their status, tweeting or simply chatting with someone else on their phones.

On the positive side, those who are missing the event can feel connected through Skype, group chats, and similar forms of social medium. Remember: There is no substitute to being physically present to people who matter to us and with that we should give our undivided attention when we are with them.

Second: Who are the people you are communicating with over social media? Is it your family member who is living somewhere far? A friend you have not seen in a while? A random person you find interesting in? Or some group of people whom you can relate to? Are they the kind of people you will be willing to share bits and pieces of your life and you'll get the same unbroken? Choose carefully for they can see your posts, and you are spending precious time with them. You have given them a part your life that you can never take back.

Third: What posts do you usually make, like, retweet or repost? We have seen posts going viral for different reasons. It is either of two things: very good or disturbingly bad. Before hitting that post or like button we have to remember this: Is it worth seeing online? If not, save your time and spare someone else's. Also, avoid putting too much information of your life online. Facebook is not your diary. Instagram is not your personal photo album. Twitter is not your personal mailbox. Some people will like your post, others may not. Do not aspire to be famous for the wrong reason.

Fourth: Are you learning a thing or two each time you go online? Time is a commodity. Every second goes and never comes back. Therefore, time should be used wisely. There are people who have learned how to bake or play guitar through the Internet. Internet has made information so accessible. Make use of it. Educate yourself.

Fifth: Are you keeping your online profiles safe and secure? You have to understand that the internet accumulates data of our lives which is accessible to millions or billions of people. And it is our responsibility to protect our accounts. This way, we also protect our loved ones. Setting your accounts to private will limit the number of people who can see your posts. Learn to use the security settings of your social media.

Having answered all these questions, you can check if you're using your social media wisely or not.

Article supplied by
Diana Mae B. Fulgencio
for TPS Insights

Diana Mae B. Fulgencio was a former teacher of De La Salle Green Hills in Manila, Philippines, and had contributed published article to the Philippine Daily Inquirer. She is now based in Abu Dhabi as an Administrative Assistant.

Why do you love the UAE ?

" I love the UAE because of their transformation from an amazing desert to industrial buildings." - **Gwyneth Luistro**

" I love UAE because everytime I get sick, UAE has the best medicines and medical services." -

Hanz I. Bais , 5A

"UAE is a melting pot of cultures with lots of cool different people."

Ace Bernabe , 8A

"The exposure to all different nationalities has given me a new perspective into this world."

Tristan Limbaga, 8B

"The government and the police officials are very organized and they consider the opinions of residents."

Resethail Sitson, 8B

"Life becomes better here in the UAE." -

Nicole De Leon, 7F

"This is the country that keeps our family close. We came to Dubai to see our mom again. I loved Dubai ever since."-

Chelsea Dumagpi, 7F

" I love UAE because all public government projects are really well-thought of and funded; from public transportations, to theme parks and malls; roads to security and many more."

Gabriel Maddara , 10A

"Every place has air conditioning."

Joanna Alabado, 8D

" I love UAE because of the luxury cars ."

Earl M. Tomagan , 8E

"My best experience here in the UAE is when we visited the Global Village with my family and my aunt. We learned a lot of things in each of the countries of the world. We saw a show wherein Chinese kids do acrobatics, Russian people doing ballroom dancing and many more."

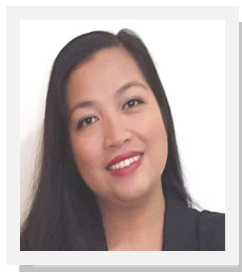
Alyssa M. Quilang, 7B

"UAE is the safest country."

Kyla Ralfores

On Paying it Forward

By Maricel G. Centeno



We, Filipinos, culturally speaking, are known to be kind-hearted and generous people. We count our blessings and we are generally a race of happy humans. We are resilient and we stand amidst adversity and challenges. More often than not, we love life and everything that goes with it. We love and support our families and friends, sometimes to a fault, and we love paying it forward.

Paying it forward is something I have personally exerted efforts on and it is, and will always be, on the top of my life priorities. I have been very fortunate and blessed to achieve whatever I have now considering my humble beginnings.

Hence, I consider every opportunity to help others an important venue to execute this priority and give back what the world has given me.

I believe paying it forward can be done in a million and one ways, from the simplest things to the grandest gestures. It varies from the simple and sincere 'Hello, good morning! How are you today?' greeting to the cleaner to helping a classmate find the right resource books in the library down to volunteering at a centre for children with special needs during your free time.

Article supplied by
Maricel Gonzales-Centeno
for TPS Insights

Most of the time, we all get consumed with the daily stresses of life – the deadlines, the assignments, the projects and we tend to forget to pay it forward. Hence, I figured out a way to challenge myself and not forget this priority despite my normally hectic schedule.

Every single day, I endeavour to do three acts of kindness as my way of paying it forward. I must say it has been very challenging at first, but as I carried on and it turned into a mindset, it has become easier. It has become an inherent part of my daily life.

As I have previously mentioned, it does not have to be complicated. It can be as basic as flashing a genuine smile to your schoolmate or lending a listening ear to a classmate who is having a bad day or spending your time feeding a stray cat. At the end of the day, it is not the act per se that matters, but it is how you made another person feel, how you have touched his heart at that specific moment. The joy of knowing you have been able to do something good at the end of the day is just an added bonus.

I have always wondered what the world will turn into if the estimated 7 billion people living in this world pay it forward with random acts of kindness every single day.

I can only imagine, but I am definite it will be such a better and more beautiful place to live in. It may sound unlikely, but I sincerely hope it will happen eventually. Perhaps we can start now, we can start here. Are you ready to pay it forward?

Maricel Gonzales-Centeno is currently the Assistant Director of Marketing and Communications at Al Murooj Rotana Hotel in Dubai. She is a graduate of the University of the Philippines, Diliman (Major in Philosophy).





SPORTS

TPS' Varsity Coach: Former PBL Player

By Frances Aleah M. Mercado
Maryruth Clarenz M. Cueto



Mr. Edward Enriquez, The Philippine School's FISAA coach for basketball, was once a PBL player back in his 90's collegiate days.

The Philippine Basketball League (PBL) was a semi-professional commercial league composed of several teams with collegiate and provincial basketball stars. Mr. Enriquez had the privilege to play for the *Montana Pawnshop Jewels* for one season in the PBL.

Going back to his roots when asked why he chose basketball, he explained that his three brothers and his father influenced him at an early age. As the youngest amongst his brothers, he too grew up to love the sport. The former PBL forward grew up in Cabanatuan City and was a part of his high school varsity team in all four years.

When he was in third year high school, Mr. Enriquez was able to participate in the National Games also known as the "Palarong Pambansa." This is representing Region 3 for two years. In his college days for four years, he played for the Jose Rizal University team in Mandaluyong, Philippines; The JRU Heavy Bombers.

On being a student-athlete, he stated, "It's difficult, but if you love the sport and you love your studies, it's easy. You give good timing and balance. Give priority," he clarified.



May 1999 - Young Edward at Arapura Games in Darwin, Australia

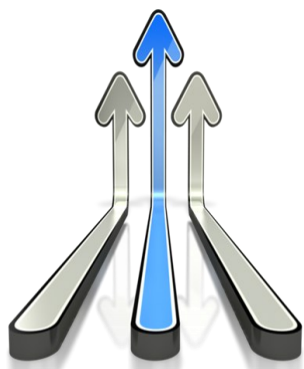
Being a part of the PBL, as what Mr. Enriquez said, was very significant. Back then, he remembered that every collegiate player aims to play for the Philippine Team. "Professionally, I didn't make it, however, I qualified for PBL.

In good fortune, I played for the Philippine Team in 1999 for the Arapura Games in Australia and Taiwan. The Philippine Team is like the Gilas now. Thereafter, I played for Boysen Philippines for 2 years," he remarked.

"Playing for our country must be the priority, not merely for money," he expressed.

"First, set your goal. My first goal since grade 7 or first year high school is for my parents not to pay any tuition fee for me, because we were five in the family. My three brothers are in college that time. My goal is to help my family."

This is Mr. Edward's advice to the youth, who aspire to be a collegiate or professional athlete.



Angelie Jalauig



October 2015 5th Emirates Swimming Cup Anne (middle) achieved first place in 100 meters 'Individual Medley' at Hamdan Sports Complex, Dubai

Siblings rack up swimming victories

By Eric Glenn F. Refareal



Anne and Angelie Jalauig

Jalauig sisters!

TPSian siblings keep their swimming activities riveting. Both thrive in their varied swimming affiliations and competitions.

Grade 10 Anne Jalauig recently competed in the 5th Emirates Swimming Cup and finished with gold for 100m individual medley, silver in 50m freestyle, breaststroke and butterfly.

Anne admitted that she sometimes experiences difficulty in trying to manage time between school works and training. "It can be stressful when you're trying to get good grades, training, enough rest, social connections and time with your friends and family; however, I can do them with proper time management," she related.

When asked about what she learned, "I learned that not every competition is going to be great. We all have our ups and downs. Sometimes, we don't perform but we all have to accept disappointments, and learn from them instead of letting them bring us down."

She also told, "Swimming taught me to keep going no matter how hard things may be. Just push through it and things will eventually work out."

Photo by Myla Jalauig
Angelie, an elder sister of Anne, is also equally skilled in terms of swimming.



Photo grabbed from Angelie's Facebook page

She is already a part of the De La Salle University Lady Tankers, which is competing for the University Athletic Association of the Philippines (UAAP).

She worked her way up by training hard in high school, and then applying for scholarship. In her first UAAP experience, the TPS alumna said that she didn't know what to expect since there were also a lot of good swimmers from other schools. She always went to the gym and attended trainings. "I felt the pressure but it was such an amazing experience because of how well the Lasallian Community supported our team," she related. She declared the mixed feelings and the sense of privilege to represent the university.

Angelie Jalauig told what's special about the Lady Tankers. She said, "I don't consider it as a team. It's more of a family because we are so well-bonded, which makes us different from other teams."

Like her younger sister, Angelie offers all her achievements to God, to her family, friends, and teammates.

"Parental support is the key to helping your children achieve. Not just words but being there every step of the way. Not to push, just gentle guidance and encouragement when they need it."
- Rick Frewen, Anne and Angelie's father and coach

I try to separate my personal life from swimming.
-Michael Phelps

Rick Frewen: The man behind daughters' successes

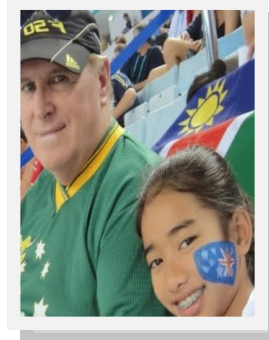


Photo credits to Rick Frewen

Australian Gymnastics coach Rick Frewen with Anne Jalauig at FINA World Cup Dubai, Hamdan Sports Complex

Insights: How do you support Anne and Angelie in their swimming ventures that make them both achievers in their chosen interest?

RF: "Firstly, as you can imagine balancing swimming, homework, study, and free time requires a lot of personal discipline and focus. Swimming as early as 5:30 am before school then again from 6-8 pm after school requires not just physical effort but also mental effort.

The way I support them is to be there for every session and every competition. I talk to them before the training and then afterwards, ask how they felt and what were the good points and not so good.

As a parent, I need to encourage them every step in their long journey. I help them to maintain focus and to set little goals that they can achieve each day, each week, each month, and each season.

The most important thing is to give praise for their efforts and support them when they have off days. I also make sure that they have time with their friends by allowing them to miss training occasionally."

Insights: What are their motivations to maintain their consistent achievements?

RF: "Well, that's simple. I'm always there for them. I understand the physical effort and mental effort to achieve greatness in sport. Having taught Olympic Artistic Gymnastics for 13 years, I am very alert to how they are feeling. I monitor their health and make sure they don't over train. I make sure they eat the right foods, and I try to ensure they get enough sleep as the body repairs itself over night. If you don't get enough rest then the training will be difficult.

Most importantly is to constantly talk to them about their training. I motivate them when they are feeling low. I also help them to understand their bodies, so if they have an injury, they can understand what the cause was and prevent it next time."

SPORTS ||||



Raflores impresses in UAE Skating Championships

By Eric Glenn F. Refareal



Kyla on her winning 'Finale Pose' at Al Nasr Club, Dubai

TPS high school student Kyla Patricia Raflores bagged the gold medal in the *Desert Open Figure Skating Championships* held at Al Nasr Club, Dubai on May 9, 2015.

Prior to the event, Kyla had already disciplined herself, and prepared her body for the competition. She trained more frequently than in her usual preparations. Kyla practiced in consecutive days after school hours and during weekends.

Patricia rehearsed her dazzling moves not only on ice but also at home. Raflores even did some ballet lessons for the benefit of her graceful movements. She engaged in her so called "Go Fat Diet" in which she had to eat great amount of carbohydrates or increase her meals in the morning.

During the event, the 13 year old displayed her artistic program of titanium by the piano guys which led to her success. At first she was experiencing wardrobe malfunctions, but this difficulty did not stop her to manage her performance smoothly.

"I almost fell in my program but thankfully I did it. I let the show go on," the only Filipina competitor added.

When asked about what she felt during the competition, Kyla said, "I was nervous, but it's exciting at the same time." It really hadn't been easy for her but with her skills, preparations, and will to win, Kyla Patricia Raflores pulled it off.

Lastly, she gave a tip for other young athletes like her, saying "Keep dreaming, but don't let your dreams just be dreams."

Hugyaw to Salinggawi

Alumna gives inspiration to present Hugyaw members

Retold by Gabriel Ian B. Maddara



Alyssa S. Almayda, an alumna of TPS—Hugyaw Dance Troupe, is now an elite member of the prestigious Dance Troupe in the Philippines, known as "SALINGGAWI" of the University of Santo Tomas.

"I had to go through an extraordinary audition for an extraordinary dance troupe. I had folk dance as my PE in my 3rd term of my first year in college. Ms. Gabayan, my professor, noticed my potential and gracefulness in her classes. She gave me a referral to the head of Salinggawi to undergo an audition.

"At first, my whole body trembled and thought if I should go for it or not. There were so many negative questions that were running through my mind. Maybe it's the fear of rejection that was getting to my nerves," related Alyssa.

"I was given the permission to go for the said audition and after two days, I got a confirmation that I made it," she added.

The UST Salinggawi Dance Troupe is the University-wide organization for dance and the official dance troupe of the University of Santo Tomas (UST). The group is known for its versatility covering a wide array of genre from performing arts to cheerleading; from contemporary to breakdancing.

The Salinggawi Dance Troupe is also the official cheer dance team along with the official pep squad and drumline – the UST Yellow Jackets of the University of Santo Tomas.

The group also performs for the halftime during the games of the UST Growling Tigers, the university's Men's Basketball team in the University Athletic Association of the Philippines (UAAP). The name Salinggawi is derived from the Filipino phrase "Salin ng mga dating Gawi at Lahi", which translates as "transfer of customs and traditions" in English.

TPSian embarks on Dragon boat venture

By Frances Aleah M. Mercado

Photo supplied by Januel Z. Pitoy



Januel Z. Pitoy (3rd from left) with the Atlantis Dragon Boat Team

Januel Andrei Z. Pitoy of Grade 9-A is an existing member of a newly formed and most recently victorious *Atlantis Dragon Boat Team* sponsored by COEGA Sunwear.

The Atlantis Dragon Boat Team was founded on July 2015 and consists of a variety of nationalities which includes Filipinos, Indians, South Africans, and Nigerians, Arabs.

The team had trained seriously in August, and joined their first competition held on October 23—24, 2015 at Shangri-La Abu Dhabi.

Pitoy stated that he had a difficult time getting back into training for their upcoming competition as he had to return to school but needed to attend practice too.

"I had to attend once a week during the school days specifically during Mondays. Basically, our practices were scheduled every Sundays to Thursdays in the morning around 6:00 – 7:00 in the morning. I have to wake up extra earlier just to paddle. Even though it was a bit hard on my part, I definitely had fun and I still do. I developed a relationship with the team and the members really motivated me to keep going and striving," he remarked.

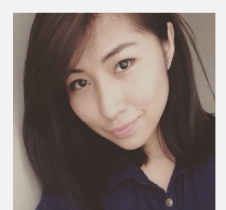
When it comes to encouraging others to join and try dragon boating, he expressed, "I can't really invite them because our team is only based around Atlantis; meaning only the people who work there were the ones who can join in the team. In my case, I can because my father is a staff in the hotel. Even though I can't invite others to hop in my team, I still encourage my friends to begin paddling."

The Atlantis Dragon Boat Team was able to join and compete in two competitions in the past two months. First was the Shangri-La Abu Dhabi Dragon Boat Festival 2015 held in October where they placed 1st in the 200m Sprint Corporate Category.

The second one was held at the Dubai Creek Golf and Yacht club just this past November 6th, where they emerged as 1st placers of the 200m Sprint Corporate Category once again.

"We came out strong and victorious in both competitions and all the hard work and dedication really paid off for all of us," Januel commented.

They are looking forward to another competition this 27th of November that will be held in Abu Dhabi once more.



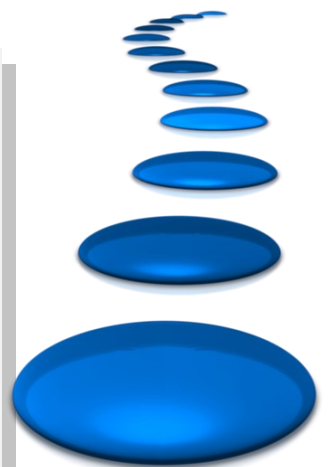
Alyssa S. Almayda

"It's not easy being a member of the Salinggawi Dance Troupe. We are considered to be student-athletes. Our academics is still our priority. As a Nursing student, I don't get a lot of free time in my schedule. My classes are from seven in the morning to six at night. After classes, I still have three hours of training. Rigorous time management has to be applied. Going home at 10 or 11 pm at night is quite dangerous, especially in the streets of Manila and the University Belt. One good thing is that my accommodation is just across the street of Espana Avenue," Alyssa elaborated.

Alyssa advised the young enthusiasts out there who have a great passion in dancing to just follow their passion. She looks forward that in the next generation of Salinggawi, there will be more students coming from TPS. She says that she will be proud and willing to teach the art of dancing she learned from Salinggawi.



TPS Alumna Alyssa (2nd from right) with Salinggawi Batchmates after rehearsals



FEATURED PHOTO



November 3, 2015- TPS Managing Directress Leticia Maniaul (3rd from left) and PRO Daniel Samuel (4th from left), together with the Filipino leaders in Dubai, after a lunch date with World Champion Boxer and Congressman Manny Pacquiao at Provodore Restaurant, Sunset Mall, Jumeirah Beach Road, Dubai, UAE
Photo by Milo Torres



Photos by Felipe De Leon
United Nations' Celebration in October